

# HEALTH REFORMER

Vol. 6, No. 4

Oct. - Dec. 2016

## VITILIGO, LEOCODERMA, WHITE PATCHES ON THE SKIN

Natural Remedies for Vitiligo - 6

Restoring and Maintaining  
the Immune System - 12

## BABYLON, HEALTH REFORM, THREE ANGEL'S MESSAGE

Pharmaceuticals - The Sorceries of  
Babylon - 19

*(Natural Remedies - Series 8)*



**PUBLISHED BY:**

Wake Up India, Doddadunnasandra

Kadugodi, Bangalore 560067

Cell: 9986653256

Email: [wakeup77@gmail.com](mailto:wakeup77@gmail.com)

# Vitiligo (Leucoderma, White patches on the skin)

Leucoderma, also known as vitiligo, is a rare skin disease characterized by white spots and patches. The white patch or spot is called as leucoderma and when it occurs without any preceding disease it is called Vitiligo. Leucoderma in literal term means white skin. 1.5% of people in the world are affected by Vitiligo.

Melanocytes are the specialized skin cells found at the bottom of the epidermis and responsible for producing the skin pigment, melanin. Melanocytes are activated when sunlight penetrates the skin. To protect the skin from damage, they secrete melanin which absorbs most of the harmful ultraviolet radiation in sunlight. When melanocytes are destroyed, white vitiligo spots appear on the skin.

Under this skin condition, certain parts of the skin gradually lose color leaving behind white patches. This occurs due to loss of melanin, a dark pigment which gives color to skin. It may begin with a small patch but slowly and steadily spreads throughout the body. This is not a dangerous or contagious skin disease.

Vitiligo is an autoimmune inflammatory disease. Other causes are emotional stress, hereditary factors, worms, sunburns and physical illness. This skin condition can be aggravated due to diseases like hyperthyroidism, diabetes mellitus, pernicious anemia and Addison's disease.

## Tinea Versicolor a Fungal Infection that can also Cause White Spots on the Skin

Fungal infections of the human body are very common, and are often quite bothersome. One such example is a condition known as tinea versicolor, a superficial yeast infection that produces white spots on the skin that are difficult to remove.

### How do I get it?

*Pityrosporum orbiculare*, the yeast that causes tinea versicolor, is present in small numbers on normal skin; regular washing rids the skin of dead skin cells as well as excess yeast. But it can grow in great amounts - during the summer months when humidity sky-rockets or when a person's immune system is weakened, and interfere with the normal pigmentation of the skin; resulting in unsightly spots in both light and dark colors.

Teens and young adults, regardless of skin color, are the usual victims of tinea versicolor, and those with oily skin may be more prone to it than those with dry

skin. In tropical countries, where humidity and temperature are persistently elevated, people of all ages can suffer from these spots all throughout the year.

### What are the symptoms of Vitiligo?

Flat spots that range in color from white to pink to tan and brown appear over the upper arms, chest, back, neck and face. They vary greatly in size, from as small as four to five millimeters in diameter to large areas of confluence. Scaling may not be readily evident, but scales may easily be obtained by scraping the affected areas. A mild itch may be present, particularly if a person is sweating or feels hot. When the spots involve the neck or face, it can be very disconcerting.

### What can I do about Vitiligo?

If you think you have white spots or any discolorations of the skin, see a dermatologist. The appearance of the skin is often all that is required to clinch a diagnosis, but microscopic examination of the fine scales can be performed if necessary. When viewed under a special light or chemical preparation, the presence of the yeast can be confirmed.

### How it is treated?

Tinea versicolor responds to either topical or oral forms of treatment. Topical antifungal creams, ointments, or sham-

poos—containing selenium sulfide, ketoconazole, zinc-pyrithione, imidazole, or other medications—applied directly to affected areas once or twice daily have proven effective.

Sulfur soap and salicylic acid have also been used to rid skin of the yeast. Oral antifungals have been used to treat tinea versicolor resistant to topical applications. In both topical and oral forms of treatment, however, restoration of skin color should be expected several months after yeast has been destroyed. Consult your dermatologist before using any of these medications. Allopathy has no cure for vitiligo. Therefore, it is best to resort to natural remedies and to improve one's overall health. Recurrence is common. To discourage overgrowth of fungus, keep skin dry and wear thin, loose clothing. Use cotton clothing only.

### Advise From Dr. John G. Clark

Dr. Clark, who regularly contributes articles to our newsletters, suggests to read his article: "*When Self is the Enemy*," which we published in our July-Sept. 2016 *Health Reformer* issue, and to follow the suggestions given in it. You may order this copy from us for Rs.25. Vitiligo is caused due to a compromised immune system. It is an autoimmune inflammatory disease. Ω

Contents	
Babylon, Health Reform ....	26
Bibliography .....	42
Editorial .....	36
Endtime News .....	5
Natural Remedies for .....	6
Pharmaceuticals, the .....	17
Pharmacy, Rod of.....	44
Price List .....	43
Restoring and Maintaining	12
Revelation 18 .....	35
Success Stories .....	3
Three Angels' Message .....	35
Vitiligo: Dos and Don'ts .....	5
Vitiligo (Leucoderma) .....	2
What Perturbs the .....	10

## Success Stories On How People Healed Themselves from Vitiligo

Allopathy does not have a cure for vitiligo. It does not have cure for any disease! There are many success stories on the internet on how people cured their vitiligo through naturopathy, and a change of diet. There is an e-book: "How I Healed Myself From Vitiligo" at <http://howihealedmyselffromvitiligo.com>.

A product has been advertised for Vitiligo cure by: "Vitiligo Organics," Australia, which is a blend of Coconut oil, *Psoralea corylifolia* (Bavachi, Bavanchalu, Kushtanashini); Barberry (*Daruharidra*, ) and Black Cumin seeds (*Kala jeera*). This may be borrowed from Ayurveda because Ayurvedic doctors prescribe the same. In Ayurveda,

there are more than 17 products for Vitiligo. One needs to try the products for 6-9 months. What works for one may not work for another.

Improving your over all health God's way is the best way. God always heals us through natural remedies He has created for us. In my research, I was very surprised to find that there is a plant by name "Kushtanashini" (leprosy destroyer) which can cure hardened skin diseases; and I used it in my 'Eczema, Psoriasis, Elephantiasis and Leprosy' ointment. This ointment has many plants which are meant to treat these four types of skin diseases, and I received positive feed back from the users. We have a great and wise God who thoughtfully created these plants for our cure, which are all around us, which we consider as weeds or poisonous plants. Some such plants: Jilledu, Dattura, Mexican Poppy, etc. cure hard to cure skin diseases. While they aid the skin disease, one needs to cleanse his system and take good food.

Dear friend with Vitiligo, Leucoderma, psoriasis, etc., have faith in God and try the natural remedies listed in the following pages, which, someone, after great research, have discovered. You will be very surprised at how powerful these are, compared with allopathic ointments.

Seeing my 'Papaya wound ointment' heal wounds, scrapes, cuts, bruises, bug bites and even newly forming moles, I, personally, was very surprised at the power of these plants and I always carry one in my purse. If you use natural remedies and find relief, you will be surprised, too, just as many who use our activated charcoal, find it beneficial.

Here is a testimony from a charcoal user: "Madam, for the past two weeks, I had developed viral fever and our usual Homoeopathy and other Aylurveda rem-

edies were of little help. I referred the book: **Charcoal Remedies.Com**, purchased from you, read all pages on fever and used activated charcoal purchased at that time. I took 1 tbsp. of charcoal powder in a glass of water 4 times a day and stopped all other treatments. By next morning, my fever was gone! Earlier in Bombay, twice I had diarrhea and had only charcoal available with me. Both times, it stopped after just taking 1 dose only. I am sending this email as my appreciation to you for conducting this camp; and also to Mr. John Dinsley, Kimberly and Carrie Beets for affectionately teaching all natural methods of healing including charcoal remedies. I look forward for another camp meeting on natural remedies."—Mehboob Damani. Email: freehomeoclinic96@yahoo.in. Phone: 8147662489, dated August 12, 2016.

We are now adding *Vitiligo ointment* and *Liver-Cleanse tea* to our products as a limited batch. They are 100% plant-based. The *Liver-cleanse tea* has liver-cleansing herbs. They purify the blood, and keep the liver healthy. For Vitiligo patients, this tea will remove toxicity from overuse of Babchi. This tea is essential to all of us, especially to those who are on medication as medicines damage these organs.

One lab tech. told me that only after the lab test, are some finding that their liver and one kidney had been damaged and that they have been living on one kidney only. Also, look forward to our '**Healthy Herbal Tea**,' to improve your overall health. It will prevent over 10 diseases. Let us stop tea and coffee-drinking and switch to healthy teas. The dictionary meaning of tea is: "a hot/cold drink made by infusing the dried crushed leaves." After boiling, strain and use as is and do not add milk or sugar. Ω

—Ellen Prasad



## Vitiligo: Dos and Don'ts

Dr. John G. Clark, M.D.

### Dos

- Chew your food thoroughly and swish it around your mouth.
- Eat a whole plant food diet with plenty of fresh fruits and vegetables, omega-3s and fiber.
- Fasting may be helpful.
- Get a sun bath in the early hour for 20-30 minutes.
- Have a regular schedule throughout the day for sleep, meals and exercise.
- Increase iron by eating foods such as cereals, beans, lentils and green leafy vegetables.
- Make use of pure water. Drink plenty. Bathe often and perform hot and cold treatments.
- Make wise application of charcoal as poultices and taken by mouth.
- Take vitamin B12.
- Wear only cotton clothes.
- Take original Bible diet. "God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food."

### Don'ts

#### Avoid:

- Animal products including dairy and eggs, and possibly wheat gluten for a while till immune system is strong.
- Cosmetics like cream, powder and other triggering agents.
- Excess body weight.
- Excess dietary calories.
- Excessive meals.
- Excess sodium or salt consumption.
- Foods or drinks created by aging or fermentation.
- Hard soaps while bathing.
- Oxidized oils or cholesterol.
- Refined foods: sugars, starches, grains, and oils.
- Stimulants: coffee, tea, tobacco and alcohol.
- Stress. Try to relax.
- Strong irritating spices.
- Tight clothing and clothing that does not provide adequate and evenly distributed warmth.

Should it be any surprise that the Maker of this marvelous immune system, which is designed to protect this marvelous body we have been given, should have the best lifestyle prescription necessary for its upkeep?

## ENDTIME NEWS

### Bill Gates and the Shocking Genetically-Modified Jesuit Agenda to Depopulate Brazil: Are We Next?

A British biotech company called Oxitec had created GMO mosquitos. Oxitec was supported by the Bill and Melinda Gates Foundation. Brazilian pregnant women are

required to take Tdap vaccines, despite overwhelming evidence that they were unsafe during pregnancy. The Tdap vaccine initiative was also conducted by the Bill and Melinda Gates Foundation.

Brazil is the largest consumer of pesticides in the world. The GMO crops introduced there are feared to be responsible for the rampant use of pesticides. Once again, the Bill and Melinda Gates Foundation was deeply involved in introducing GMO crops

## Natural Remedies for Vitiligo - 1

**Activated Charcoal powder** - Several studies suggest that, melanocytes are destroyed in those people whose body accumulates many toxic radicals. This abnormal accumulation of radicals result in destruction of melanocytes. One teaspoon of activated charcoal powder (about 3.3gms) has about the same surface area as a football field. This tremendous surface area translates into a tremendous potential to adsorb large amounts of gases, toxins, bacteria, infection, viruses, heavy metals, radiation, electromagnetic waves, poisons, or pollutants. Along with the tremendous



surface area of charcoal there are the pores that tunnel into the actual charcoal particles. 2 tbsp. of activated charcoal powder to be mixed in half a glass of water and taken three times a day for a week will remove toxins and bacteria from the body. Soak in a tub of warm water for one hour with 1 cup of charcoal powder mixed into it or apply the powder mixed in a little coconut oil to the patches.

**Alfalfa and cucumber juice** - Have it in the morning and evening for a few months. Alfalfa is used for high cholesterol, asthma, osteoarthritis, rheumatoid arthritis, diabetes, upset stomach, and a bleeding disorder called thrombocytopenic purpura. People also take alfalfa as a source of vitamins A, C, E, and K4; and minerals calcium, potassium, phosphorus, and iron. Alfalfa sprouts are effective for diabetes and cancer.

**Babchi** (*Psoralea Corylifolia*, *Bavachi*, *Bavanchalu*, 'kushta-nashini') and Tamarind seeds - In 1:1 proportion, steep these seeds in water for three

to four days. Shell and dry them in shade. Make it into a paste and apply on the white patches. It can be taken both internally and externally. Babchi purifies blood, gives natural color to the skin (naturally helps to remove white spots of skin). It helps to balance the melanin pigment in the body, adds calcium to the body and makes bones strong. It is useful for scaly skin. It is applied externally to treat vitiligo patches. It is also applied to hair to treat grey hairs.

Babchi is found on the way side and in waste places. It has been used since centuries in leukoderma, psoriasis, vitiligo, asthma, ulcers, and kidney disorders. It is aphrodisiac and anti-inflammatory. It contains essential oil, coumarins, alkaloids, flavonoids and terpenoids. Fruit and seed extract can be found in various herbal preparations today. The pharmacologic and clinical studies confirm therapeutic value of *P. corylifolia*. Dosage: Seed powder: 1-3 gm; oil applied externally; tincture: 3-15 ml/day. Do not use for skin tanning. Long-term therapy affects eyes, liver, and immune system. Use 1 tsp. activated charcoal daily to cleanse your system.

**Basil (Tulsi)** leaves and lime juice - Basil leaves have vital anti-viral and anti-aging attributes which are beneficial for the skin. Paste of basil leaves mixed with lime juice is also known to promote melanin production and is an effective home remedy for vitiligo. Apply thrice a day for up to 6 months for best results.

**Bathu leaves** (*Chenopodium album*, white goosefoot, pigweed, lambsquarters, Bathua (Hindi), Parupukkirai (Tamil), Pappukura (Telugu) and Katu ayamoddakam (Malayalam) - the wayside greens. The dried

## Natural Remedies for Vitiligo - 2

leaves may be powdered and added to flour. Bathua leaves are loaded with fibre, and have laxative properties, which help cure constipation. They are rich in vitamin A. Its vitamin A content is comparable to carrots. Eat curry made with bathu. Vitamin A is crucial for normal eyesight and the immune system. It helps kidneys, heart, and other organs work the right way. It also protects against problems like night blindness. Vitamin A plays a role in: immune system function, growth, bone formation, reproduction and wound healing.

**Bergamot oil** - Releases emotional pain, works as a powerful antidepressant, relieves joint and muscle pain, aids digestive system, soothes skin irritations, cleanses oily skin and kills germs and bacteria.

**Black Cumin seeds (Kala jeera)** - The seeds of black cumin assist in smooth production of melanin cells which are actually responsible for pigmentation of skin.

**Black gram** - Powder black gram and add water to make a paste. Add 1 tsp. coconut oil. Apply this paste on the affected areas and wash off after it dries. Do this for about four to five months for better results. The antibacterial qualities of black gram can also minimise spots on your skin and fight leucoderma.

**Black Pepper, crushed** - Has vitamin C, is antioxidant & antibacterial.

**Cederwood Essential Oil** - Has antifungal, antiseptic, diuretic, astringent and sedative properties. It has the power to improve your skin, help with organ function, tighten muscles, improve metabolism and benefit your digestive system.

**Copper treated water** - Drinking wa-

ter stored overnight in copper utensils is effective in promoting production of melanin by melanocytes and is effective in toning the skin of a vitiligo affected person. Copper treated water should be taken instead of normal water by sufferers of Vitiligo. It can kill all the microorganisms (molds, fungi, algae and bacteria) present in the water that could be harmful to the body and makes the water perfectly fit for drinking. Copper is an essential trace mineral that is vital to human health. It has antimicrobial, antioxidant, anti-carcinogenic and anti-inflammatory properties. It also helps to neutralize toxins. Let us exchange our plastic bottles to copper pots like in the olden days.

**Daruharidra (Daruhaldi, Barberrry)** - Barberrry contains a component known as "berberine," which is known to inhibit the growth of bacteria, and may help boost the immune system. Barberrry root helps repigmentation. The plant is used from ancient Egyptian times for illnesses such as liver and stomach disorders, to boost immune system and to treat various skin diseases. The oil is anti-microbial, anti-provocative, anti-inflammatory and protects humans from bacterial or fungus germs. It prevents acne outbreaks, skin redness, skin inflammation and Vitiligo.

**Figs** - Eat figs regularly for a month. Figs are rich in important nutrients like Vitamin B, C, phosphorus, potassium and minerals like calcium and magnesium which are essential for boosting and rejuvenating the skin's health. The high omega 3 fatty acids in figs keep the skin well-moisturized and conditioned from within.

**Garlic** - Garlic is often recommended

## Natural Remedies for Vitiligo - 3

for those who experience reduced immune function or chronic infections because it is a strong antimicrobial. Allicin in garlic kills many pathogens, especially fungi. Unlike pharmaceutical-based antimicrobials, allicin preserves the beneficial flora and fauna of your intestinal tract. Garlic is most effective in its raw, unprocessed form. Apply raw garlic juice on the patches.

**Ginger** - Juice serves as a mild stimulant in increasing blood flow to the white patches. Poultice of ginger leaves applied over the patches also helps.

**Gingkobiloba** - Oral Ginkgo biloba is effective in treating limited, slowly spreading vitiligo. For effective treatment of vitiligo, it is important to arrest the progression of the disease to induce repigmentation. Ginkgo is an anti-aging herb and is used in anti-aging cream, oil, serum, and eye Cream.

**Manjishta** (*Rubia cordifolia*, Indian Madder) – is a famous herb for blood detoxifying. Its root is extensively used in many skin disease medicines of Ayurveda.

**Neem leaves** - Make a dry mixture by grinding neem leaves, flowers and fruits in equal quantity. Take 1 tsp. of this powder daily with water. Or add neem leaves to your herb tea. Neem provides answer to many incurable diseases. Neem products have been used against heat-rash, boils, wounds, jaundice, leprosy, skin disorders, stomach ulcers, chicken pox, etc. It is called 'sarvaroghari.' It is effective against fungi that infects human body, such as, athlete's foot, fungus that infects hair, skin and nails, ringworm, a fungus that infects bronchi, lungs and mucous membranes, a fungus that is part of the

mucous flora that leads to lesions in mouth, vagina, skin, hands and lungs. Use neem in pyrexia, diabetes, urinary problems, filarial, worms, respiratory disorders, dermatological disorders, gynecological disorders; external use for eyes, piles and fistula, wounds, hair, dental hygiene and as fertility regulatory material, including ophthalmic and toiletries uses; AIDS, cancer, heart disease, arthritis and creates a balance in the immune system. I mix neem oil and coconut oil in a glass bowl and apply it all over my Pomeranian before its bath to prevent from ticks.

**Pomogranate leaves** - Dry them in shade and grind into fine powder. Sieve and take a tsp. of it every morning and evening with water. Or make tea with fresh or dried leaves. Pomogranate leaves are beneficial for: sleeplessness (insomnia), jaundice, liver problems, digestive problems, eczema, cough, rectum prolapse, mouth ulcers, sores and ear problems.

**Radish Seeds** - Radish seeds are very valuable in treating vitiligo. Approximately 40 grams of finely pounded radish seeds should be soaked overnight in a little amount of vinegar. The paste should be applied on white patches and allowed to dry for two hours or until it dries and comes out as scales.

**Red clay** - Red clay found on river beds is rich in copper content which helps in re-pigmentation of the skin. The clay should be mixed in ginger juice and applied over the white spots once a day. While red clay aids in re-pigmentation, ginger juice serves to increase blood flow to the affected spots.

**Tea Tree Oil** - Treats ring worm, athlete's foot, cuts, scrapes, itching

## Natural Remedies for Vitiligo - 4

of insect bites, chicken pox, warts, acne, dandruff and softens corns.

**Tamarind seeds** - contain phosphorus, magnesium, vitamin C, potassium, calcium and amino acids. They contain antibacterial benefits that can protect you from pneumonia-causing bacteria, Typhus and *Staphylococcus aureus*. This also protects one from a bacterium that causes skin infections as well as intestinal and urinary tract infections.

**Turmeric** - Turmeric mixed with mustard oil is also a beneficial natural home cure for vitiligo. When applied to the skin as a paste or a face mask, it can help in treating acne, eczema, rosacea and aids in skin rejuvenation.

Turmeric face masks are used to rejuvenate skin. Regular use of turmeric with various combination of ingredients can soften the appearance of wrinkles and fine lines. The anti-inflammatory and anti-oxidant properties that turmeric possesses are important in treating these skin conditions.

**Walnuts** - Eat walnuts regularly to cure leucoderma. Walnuts are powerhouses of omega-3 fatty acids that help lock-in moisture and nutrients in the skin, making it plump and glowing. Furthermore, healthy fats found in most nuts and seeds reduce the skin inflammation and protect the skin against harmful UV rays. Ω

*Ellen Prasad*

in Brazil. By controlling population with genetically-engineered diseases and their "preventative vaccines," Jesuit-controlled Elite have used Brazil as their evil test bed.

AZT, a drug developed by Dr. Jerome Horowitz that failed to treat cancer, was given to HIV patients. AZT is highly toxic. GlaxoSmithKline is the largest manufacturer of drugs for HIV/AIDS treatment. The most notorious case concerns Glaxo's drug trials including AZT on babies as young as three months. In 2004, a BBC documentary revealed that tests were being conducted in NY at a Catholic center. The drugs were mixed with food or directly injected into the child's stomach via syringe. Glaxo is involved in Catholic sexual cover-ups and in pouring of 45 litres of polio vaccine into a river in Belgium. James Murdoch and his knight of Malta father Rupert Murdoch are linked to Glaxo through their board of committees.

*Beforeitsnews.com*

**Forcibly Inject Children with**

### Mercury at Gunpoint

Gary Johnson, Libertarian party candidate, USA, announced that whatever chemicals and viral strains the corrupt, scientifically incompetent federal government decides should be injected into your children must be obediently accepted by parents or they should face arrest, imprisonment or gunpoint enforcement. Vaccines are linked to comas, seizures, autism, cancer, neurological disorders, paralyzation and even death. He believes that government's medical demands override your human rights. —

*Beforeitsnews.com*

### Obama's Executive Doomsday Order 13603—Martial Law and Slavery

The Washington Times warned: "Executive Order 13603 (National Defense Resources Preparedness) states that, in case of a war or national emergency, the federal government has the authority to take over almost every aspect of American society. Food, livestock, farming equip-

# What Perturbs the Immune System-1

Dr. John G. Clarke, M.D.

Aging immune system

Air, indoor - indoor air has more contaminants than outdoor air. Contaminants are: breathable dust, nitrogen dioxide, chemicals such as formaldehyde, aspergillus aflatoxins and various molds.

Animal antigens

Breathing - shallow or improper breathing can cause inflammation of the lungs and throat.

Chemicals in the environment

Condiments and spices - mince pies, preserves, highly-seasoned meats with gravies, pickles, excessive salt (increases hypertension and renal injury), grease, pepper, mustard, ketchup, red and black pepper (cell destruction, microbleeding, inflammation), etc.

Contaminants like plasticizers

Deficiency of anti-oxidants

Doughnuts

Drug medications

Diet, wrong - additives: emulsifiants, thickeners; crackers, biscuits, cakes (baking soda/powder in them). Fructose, High - in all forms activates inflammatory mediators in the liver and blood vessels increasing the risk for autoimmune inflammatory disease—Sugar, cholesterol, eggs, saturated fat (animal fat), soft drinks, vegetable oil, cheese, butter, tropical oils (palm oil); oxidized oils (fat fryers, fried foods, and packaged foods with a long shelf life; cooking oils, hydrogenated and partially hydrogenated vegetable oils, margarines, dalda.

Enriched - refined grain products (white bread, white rice, white pasta).

Exercise, lack of - For the sedentary individual, inflammation builds up.

Gluten

Heavy metals

Milk - Has hormones which increase disease risk and is a source of many infectious agents (viruses and bacteria). Milk provokes and aggravates the inflammatory process. Milk is more dangerous than tobacco.

Overeating - Excessive caloric intake increases oxidative stress (reduced caloric intake decreases autoimmune inflammatory disease risks).

Oxidized cholesterol - promotes inflammation and cell death, leading to heart disease—spray dried egg powders found in pancake mixes, Parmesan cheese, ghee, ice cream, sausages and beef tallow. Oils and cholesterol are apt to oxidation when heated in the presence of air for a longer period, for example, bajjis.

Protein portions - Protein in excess increases the risk of autoimmune inflammatory diseases.

Red meat - With increased meat consumption, there is increased autoimmune inflammatory disease. If you need an autoimmune inflammatory disease, eat more meat.

Shift work - Extended and irregular shift work confers an increased risk of contracting an auto immune disease.

Snacks: fried potatoes, salty snacks, deserts and processed meats. No snack is healthy.

Stimulants: coffee (caffeine in it), tea/green tea (nicotine in it) chocolate, cola drinks, alcohol, wine, smoking (toxic fumes and caustic chemicals from burning. Tobacco increases the risk of acquiring an autoimmune inflammatory disease.)

Stress -

Surface-finishing agents

# What Perturbs the Immune System-2

Vaccinations - Receiving measles, mumps and rubella vaccine (MMR) vaccination increases the odds of acquiring chronic inflammatory arthritis. Compared to receiving the common tetanus vaccine: receiving a hepatitis B vaccine increases the odds of acquiring multiple sclerosis, systemic lupus erythematosus, and rheumatoid arthritis!

Variety - A complex meal comprised of multiple diverse foods can provoke autoimmunity, allergy and inflammation.

Voice, improper use of/voice strain

Weight management - Whole body inflammation increases with increasing body weight. Being overweight increases the risk of acquiring an autoimmune inflammatory disorder. As a person gains weight, fat tends to gather about the abdomen and also around the organs. For each 1% organ fat, inflammation goes up by 140%.

Western diet - red meat, processed meat, pork/hot dogs, butter, lard, hydrogenated fats, high saturated fat, high-fat dairy, eggs, french fries, potatoes, regular and diet soft drinks, pizza, refined grains, breads and pastas, coffee and tea, sweets/candy and desserts.

Worms - Trichinellosis, a parasite acquired from eating pork and bear, is associated with increased inflammation. Musculoskeletal symptoms include muscle pain, joint pain, muscle weakness, and restriction of joint movements. Trichinellosis is not the only infection implicated in autoimmune inflammatory conditions. Viral and bacterial infections are being implicated more and more in the development of autoimmune inflammatory diseases. Autoantibodies increase with the number of infections a person has suffered in their lifetime. Numerous infectious agents, including Salmonella, E. Coli, Streptococcus and Mycobacterium, are linked to autoimmune inflammatory diseases, animal products, being the cause.

**Outcome of Perturbing the Immune System** - In conclusion, the outcome of dysfunctional immune system leads to life threatening infections in joints, skin, soft tissues and the lungs; pneumonia, tuberculosis, liver disease; chest pain; cardiac arrest, heart failure; osteoporosis. Medications for osteoporosis also cause inflammatory disease; cancer, leukemia (blood cancer), vitiligo, etc. The patients do not enjoy lengthy lives. Ω

ment, manufacturing, industry, energy, transportation, hospitals, health care facilities, water resources, defense and construction—all of it could come under the full control of Mr. Obama. The order empowers the president to disperse these vast resources as he sees fit during a national crisis.”

*newsletter@shtfplan.com*

**Tyrant Obama signed 923 Executive Orders in 40 Months**

It is all over the net. Most past presi-

dents have allegedly signed around 30 of them, and people thought there was something amiss. What do you think about 923 Executive Orders in one part of one term?

EO 10990 allows the government to take over all modes of transportation and control of highways and seaports.

EO 10995 allows the government to seize and control the communication media.

# Restoring and Maintaining the Immune System-1

Dr. John G. Clark, M.D.

**Air, fresh morning** - Physical work in the open air is protective while working in artificial, air conditioned environments increase the risk of contracting an autoimmune inflammatory disease. An early morning walk in the fresh air near a body of water as the sun is just coming up helps.

**Chew your food** - The immune tissue in the mouth and throat (tonsils), tests substances coming into the body to let the body know what is food. Allergy and autoimmune inflammatory diseases are likely to flare up when food is not chewed long and well, when the body has not had a chance to recognize the antigens.

**Circadian rhythms, the body's internal clock** - Our bodies run on clocks. The anti-inflammatory/inflammatory balance cycles on a clock called your circadian rhythm. The anti-inflammatory circadian clock malfunctions when: meal times are varied or meals are taken late in the evening, sleeping times are varied, insufficient or shifted to a late bedtime and/or late rise time, a job requires shift work where daily schedules vary on some days, such as on days off or weekends. Regularity in sleeping hours improves overall sleep quality and anti-inflammatory effect. For the autoimmune inflammatory patient, we recommend: (1) a strict schedule for sleeping hours with a set nightly bedtime no later than 9:30 pm, and a set regular rise time between 7.5 to 8 hours later on all weekdays and weekend days. (2) Regular meal times every day of the week not varying by more than 5 minutes with no meal later than 5:30 p.m. (3) Regularity in exercising every day of the week including days off and weekends.

**Cleanse** - When toxin accumulation is the cause of immune dysfunction, toxin elimination may be the only way to get the immune system back in balance. Sweating expels aggravating toxins. Skin brushing (exfoliation) while bathing and colon cleanse once a quarter helps.

**Chelation therapy** is a chemical process in which a synthetic solution—EDTA (ethylenediaminetetraacetic acid)—is injected into the bloodstream to remove heavy metals and/or minerals from the body. Chelation means "to grab" or "to bind." When EDTA is injected into the veins, it "grabs" heavy metals and minerals such as lead, mercury, copper, iron, arsenic, aluminum, and calcium and removes them from the body. Except as a treatment for lead poisoning, chelation therapy is controversial and unproved. Use activated charcoal. Charcoal can be used for inflammation as an oral supplement, and as a topical treatment. Studies show that it is effective in reducing the symptoms and signs of autoimmune inflammatory disease.

**Diet, Proper** - Eat for your protection. Commercial supplements are of no value in correcting this deficiency. Proper diet is the only solution to poor nutrition and reducing the risk of autoimmune inflammatory disease. **Dietary choices** - A vegetarian diet has an anti-inflammatory effect on patients with autoimmune inflammatory disease. A vegetarian diet stimulates the immune system, improves tolerance to noxious antigens found in less ideal diets, and is loaded with anti-oxidant anti-inflammatory vitamins, phyto-chemicals and natural anti-oxidants. High antioxidant intake

# Restoring and Maintaining the Immune System-2

decreases inflammation.

Fruits and vegetables are high in flavonoids, phytochemicals and antioxidants that lower the oxidative stress, inflammation and oxidation of lipids (fats) in the body. They are high in vitamin A. Deficiency in vitamin A leaves the body unguarded against oxidative stress and autoimmune inflammatory disease. Good sources of vit.A are sweet potatoes, carrots, kale, spinach, winter squash, cantaloupe and broccoli.

Whole grains and fiber are also part of an autoimmune inflammatory disease fighting diet. Diets high in whole grains are protective. Fiber found in whole grain products and bran, reduces inflammation in patients with inflammatory disorders. Low fat, high carb diet reduces inflammation.

What diet provides the maximal amount of anti-oxidant, anti-inflammatory benefits? Fresh food, that taste of Eden, is most effective. Fresh food is an uncooked vegan diet consisting of berries, fruits, vegetables, roots, nuts, germinated seeds and sprouts, i.e. rich sources of carotenoids, vitamins C and E, (some call this a "raw food" diet). People on a fresh food diet have been shown to enjoy improvements in symptoms of autoimmune inflammatory disease including: pain, joint stiffness, quality of sleep, health quality, cholesterol and weight management.

**Exercise** - Reduces inflammation and disease risk. Physical activity gives strength, and relief from pain and fatigue. Being physically fit slows aging. While exercising, wear loose clothing to help movement and blood flow. Tight clothing interferes in body temperature variations, blood flow and hormone levels, factors impli-

cated in autoimmune inflammatory disease.

**Fasting** - is a quick way to get an energy imbalance under control. It reduces oxidative stress, calories, and helps weight loss.

**Fiber** - Patients suffering from autoimmune inflammatory disease have lower fiber and magnesium intakes. Fibrous foods are usually higher in magnesium: unpolished rice, blackgram with skin, green gram with skin, etc.

**Heavy metal exposure, avoid.** Take steps to eliminate these toxins from the body. Activated charcoal removes heavy metals.

**Lemon juice and citrus** - Citrus contains many bioflavonoids, phytochemicals, and anti-oxidants which reduce inflammation and improve symptoms of autoimmune inflammatory disease.

**Mineral depletion.** Pumpkin seeds are a rich source of zinc. Brazil nuts are a good source of selenium.

**Omega-3 fatty acids** - are associated with decreased inflammation, improvement in disease symptoms and reduced risk of acquiring autoimmune inflammatory disease. They are good for heart health. They reduce cholesterol, sugar cravings, balance hormones, fight cancer and promote weight loss. Good sources are a vegetarian diet, olives, flaxseed and purslane. Flaxseed is the king of omega-3 fatty acids. Grind flaxseed and add to your chapathi flour, make chutney powder or sprinkle on your food. Indigenous to India, and found



on the footpaths, Purslane leaves contain more omega-3 fatty acids than any other leafy vegetable

## Restoring and Maintaining the Immune System-3



Amaranth



Chickweed

plant. 100 grams of fresh purslane leaves provide about 350 mg of alpha-linolenic acid.

Wild edible weeds, including amaranth, and common chickweed are exceedingly high in vitamins and minerals

when compared with cultivated garden plants.

**Soya** - We mentioned that too much protein has deleterious effects for the immune system. Not all proteins are created equal. Soya protein reduces the risk of autoimmune inflammatory disease by 60%.

**Sun light** - reduces inflammation in the body, gives vitamin D. Vitamin D deficiency causes cancers, multiple sclerosis, rheumatoid arthritis, hypertension, cardiovascular heart disease, and type 1 diabetes. At least 25% of your skin should be exposed to the sunlight for 20 minutes each day, and longer if you have darker skin.

**Temperance:** Abstinence from things harmful, moderation in things good - Eliminate tea, coffee, tobacco and alcohol. Eat moderately. When more calories are consumed than needed, inflammation increases. Reducing calorie intake reduces inflammation. The goal is to match caloric intake to body energy needs.

**Trust in God** - Spirituality is associated with less depression and increased feelings of health in patients with autoimmune inflammatory disease. Intercourse prayer increases immune function, improves rheumatoid arthritis, and reduces anxiety. God said: "Come unto me, and I will give you rest." He is the great burden bearer. Trusting in Him alleviates stress.

**Vaccination burnout** - Repeated over stimulation of the immune system, as in immunizations, can result in immune fatigue and burnout. Seek natural remedies in place of vaccinations which increase the risk of autoimmune inflammatory disease. The same rule applies to the immunizations given to dogs and other animals.

**Water consumption** - Optimal water intake lowers inflammation by 60%. Drink 8-12 eight ounce glasses per day. Also hydrotherapy improves circulation and lowers inflammation. Ω

EO 10997 allows the government to take over all electrical power, gas, petroleum, minerals.

EO 10998 allows the government to take over all food resources and farms.

EO 11000 allows the government to mobilize civilians into work brigades under government supervision. You may look up the rest of them on the net.

[Beforeitsnews.com](http://Beforeitsnews.com)

**97% of the Time Chemotherapy does not Work. So, why do we still do it?**

Dr. Peter Glidden, author of: "*The MD Emperor Has No Clothes*," says that as published in the Journal of Oncology, 97% of the time, chemotherapy does not work. So why is it still used? It is because of one reason only: the money. If a MD prescribes antibiotics, he gets no direct remuneration. If he prescribes

5,000 antibiotics in a month, he may be invited to a conference. But if he prescribes chemotherapy drugs, it is different. Chemotherapeutic drugs are the only classification of drugs, that the prescribing doctor gets a direct benefit. If your doctor prescribes chemotherapy for you, here is how it goes more or less. The doctor buys it from the pharmaceutical company for \$5,000, sells it to the patient for \$12,000, insurance pays \$9,000, and the doctor pockets the \$4,000 difference. The only reason chemotherapy is used is because the doctors make money from it. It does not work 97% of the time. If Ford company made automobiles and they blew up 97% of the time, will they be still in business? No. This is the tip of the iceberg of the control the pharmaceutical industry has on us. Most people have no idea about this. In my book, I bulleted 10 questions every cancer patient should ask his doctor. Some patients have been kicked out of the doctor's office for asking these common sense questions. In America, we have lost the war on cancer. Cancer is not the reductionistic phenomina. Cancer is a wholistic phenomina. Medicine in America is a for-profit industry and many people are unaware of this. MDs are the sales men for the pharmaceutical industry. Please watch his videos online. — [www.drglidden.com](http://www.drglidden.com)

**97% of Cancer Patients had Root Canal Work Done**

Dr. Meining, a founding member of the American Association of Endodontics (root canal specialists), in his book: "*Root Canal Coverup*," says that 97% of the cancer patients have had root canal work done sometime in their lives.

[Beforeitsnews.com](http://Beforeitsnews.com)

**NASA and World Elite are Preparing for an Asteroid**

Some of world's elite have already resigned important posts and are moving to their bunkers in preparation for what they know is coming. However, sink holes and shifting ground movements are creating some problems for them. There are 1,500 underground bunkers worldwide. Russia has 5,000 underground shelters around Moscow. USA's 150, which are miles long, are stocked and ready. — [www.preppedforshftf.com](http://www.preppedforshftf.com)

**Prophet Declares 30 Million Americans, including Latin Americans may die Within One Month Due to Asteroid**

Prophet Efrain Rodriguez has been warning the world and the world leaders since some years that an asteroid is coming, that it will hit Puerto Rico at 2:00 am, which will cause a 12. earthquake, which will result in a giant wave over 1,000 ft. high, and that the sea will come 100 miles inside the port cities. Per his instructions, the US government has kept ready both in Puerto Rico and in Eastern America, millions of body bags, tombs, army personnel, and food to last many months, pictures of which you may see online. You may watch Prophet Efrain's videos, including his message to NASA- [www.cogwriter.com](http://www.cogwriter.com)

**Ellen G. White - Balls of Fire Visions**

"Not long ago a very impressive scene passed before me. I saw an immense ball of fire falling among some beautiful mansions, causing their instant destruction. I heard some one say, "We knew that the judgments of God were coming upon the earth, but we did not know that they would come so soon." Others said, "You knew? Why then did you not tell



us. We did not know." On every side I heard such words spoken."

"Last Friday morning, just before I awoke, a very impressive scene was presented before me. I seemed to awake from sleep but was not in my home. From the windows I could behold a terrible conflagration. Great balls of fire were falling upon houses, and from these balls fiery arrows were flying in every direction. It was impossible to check the fires that were kindled, and many places were being destroyed. The terror of the people was indescribable. After a time I awoke and found myself at home."— Ellen G. White, 1904, 1906.

[www.ellenwhite.info](http://www.ellenwhite.info)

Zee news reports that 1,000 asteroids are heading towards the earth.

### **Russia Tells Citizens Abroad to Return Home Do Not Even Finish Your Education - WWII**

Russian officials are told to immediately bring back their children studying abroad. In Europe, when it gets serious, you have to lie. In Russia, when it gets serious, attention immediately turns to the children. — *Beforeitsnews.com*

### **Meat, dairy may be as detrimental to your health as smoking cigarettes, study says**

A new study, published in Cell Metabolism, shows that middle-aged people who eat a diet high in animal proteins from milk, meat and cheese are more likely to die of cancer than someone who eats a low-protein diet. Health Canada says raw milk is more dangerous than cigarettes and alcohol. From a public health standpoint, milk is illegal because of its inherent risk of food borne illness, like E. coli, salmonella or Listeriosis. In the US where raw milk is legal, there

are more outbreaks than where it isn't. And drinking 3 or 4 diet sodas per day is more dangerous than smoking a pack of 20 cigarettes. — [www.cbsnews.com](http://www.cbsnews.com), <https://thebovine.wordpress.com>

### **90% of Indians Prefer Allopathy over AYUSH**

Ayurvedic treatment is yet to gain people's faith. Despite the government's attempt over the years to popularize AYUSH (Ayurveda, Yoga or Naturopathy, Unani, Siddha and Homeopathy), the people at large are still inclined towards allopathy treatment both in rural and urban India. The NSSO survey has found higher inclination towards allopathy treatment, around 90%, in both rural and urban areas. Only 5-7% usage of 'other' type of treatment including AYUSH has been reported both in rural and urban areas.

*Times of India, July 8, 2015*

How foolish! The West is buying Indian natural products and the Indians are buying Western pharmaceuticals which are meant to kill us! **SOME TIPS TO AYURVEDIC DOCTORS:** Avoid animal products in your preparations, do not prescribe to consume your preparations with milk, ghee, buttermilk, etc., and encourage a vegetarian diet. People will then know that you are in touch with current news and will believe you. Encourage herbal teas instead of powders, of which they may be suspicious. Knowledge about Ellen G. White's health principles for the end times will greatly benefit you. Her health books and health articles are available online. Her one book: 'Health and Happiness,' is available with us for Rs.50.

### **In Odisha, 48 encephalitis deaths in 4 weeks**

The death toll due to Japanese encephalitis increased to 48 in four weeks in Malkangiri Dist. 61 affected children are under treatment. 12,000 mosquito nets have been distributed and mosquito control drive has been intensified. Hordes of pigs that carry the killer virus have been kept in enclosures and hundreds of pigs have been killed by the villagers to stop spread of the virus.

*The Hindu, Oct. 13, 2016*

### **Scariest Vaccine Ruse Exposed**

If a doctor bullies you that your child needs vaccination, politely ask for the

truth about vaccine safety. Now pharmaceutical companies and pharma-trained doctors are concerned about the public safety and harm-awakening and are now using training materials provided by the con pharma companies to trick the parents. One answer the doctors are asked to give is: 'all our children are vaccinated and are healthy. The parents may look up VAERS website set up by the government (Vaccine Adverse Event Reporting System) and learn facts about vaccination to ask your doctor. Ω

*Beforeitsnews, Oct. 9, 2016*

## **Section II**

# **Pharmaceuticals—the Sorceries of Babylon**

[www.theopencroll.com/pharmakeia.htm](http://www.theopencroll.com/pharmakeia.htm)

Almost everyone is now taking drugs for one reason or another. Most folks are casual about drug use because we've been sold the idea that "legal" drugs are for our good, physically, and harmless, spiritually, and that we can trust our lives to the professionals. What I'm going to present may be difficult to accept, but the evidence to the contrary is very convincing indeed. In this study you will discover that there is a darker agenda than you may have imagined.

The words "pharmacy" and "pharmaceutical" are derived from the Greek word, pharmakeia (Strong's G5331). This word is found in the Bible in the following passages of scripture.

*Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, idolatry, sorcery (pharmakeia), enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that*

*those who practice such things will not inherit the kingdom of God.* Galatians 5:19-21

*And the light of a lamp will not shine in you (the great city Babylon) any longer; and the voice of the bridegroom and bride will not be heard in you any longer; for your merchants were the great men of the earth, because all the nations (ethnos) were deceived by your sorcery (pharmakeia).* Revelation 18:23

### **Other Versions Read:**

*By your magic spell all the nations were led astray.* (NIV)

*and all the nations were deceived by your witchcraft.* (ISV)

*because all the nations were deceived by your magic spells!* (NET Bible)

*for all nations have been deceived by thy enchantments.* (Douay-Rheims Bible)

*because in your spell inducing drugs all the races were led astray.* (Heritage)

Bible [\* presently unable to provide further documentation of this resource])

Nearly everyone is being influenced by this sorcery. Even if you aren't taking prescription medication, over-the-counter or other drugs, you still ingest food and drink, bathe, shower or breathe air, so you too are influenced by this sorcery. Drug spells are not always the direct result of someone intentionally practicing witchcraft, who casts a spell with a potion. While this certainly does happen, spells are inherent in the action of many drugs and even "natural" preparations. Many, and probably most, come with a literal curse attached and/or are specifically designed to invite one.

What is the impact on you, personally, and on those around you? As a saint, what can or should you do about this situation in this critical hour at the closing of this age? Perhaps what you read here will help you understand the situation better and gain a higher level of freedom from pharmakeia's deceitful influence.

To make sense of why Bible versions translate the word we associate with drugs into words like "sorceries" and "witchcraft" you have to see it as one of Satan's schemes. It helps, too, to know where pharmakeia came from, and how and why it works.

*so that no advantage would be taken of us by Satan, for we are not ignorant of his schemes.* 2 Corinthians 2:11.

### The Pharmakeia Strategy

Pharmakeia is one among many schemes (Greek- "noema") or strategies of Satan. It absolutely does, in the language of 2 Corinthians, take advantage of us! This scheme or strategy prepares us for Satan's approaching crux move involving the Beast and the mark of the Beast. To trick people into receiving the mark of the Beast is the ultimate "taking ad-

vantage of," is it not? Pharmakeia is singularly credited in Revelation 18 as the means by which all the ethnos/races are deceived. Pharmakeia thus provides the cover for all his dark strategies, but the effectual work of this evil is also very direct!

It's no big secret that some drugs are used to facilitate satanic spells and demonic activity. While it's not popularly known, the still widely recognized witch's broomstick was used as a drug applicator. (What's the deal with witches and broomsticks? / An interview of (Rev.) Hazel L' Aura G / Joy Juice and Witches) While the delivery systems are usually more sophisticated now, the effects produced today by the whole of pharmakeia are, if we take Revelation 18 seriously, quite effectual.

What I recently came to realize is that the ultimate goal of all pharmakeia, whether "legal" or "illegal," is one solitary end, which is to facilitate the union of the sons of god with the daughters of men!

Because the procreative scheme is thus the foundation for understanding the role of pharmakeia, I'm offering, here, a synopsis of what I wrote recently in the series, Who is Cain's Father? From the garden of Eden onward, the serpent has been bent on bringing forth offspring in his own image. This first manifested in the conception and birth of Cain, the union of the serpent and Eve. The effectiveness of this campaign is evident in that the great flood of Noah's day was expressly brought forth to purge the earth of the serpent-kind. Despite that setback, the serpent has persisted in this work and will soon be granted a major success in the milestone Mark of the Beast. This mark will transform the offspring made in the image of the Creator and Most High God into the serpent's own image. The pharmaceutical strategy supports

this epic scheme. It does so by providing cover for Satan's other schemes, and also, by direct action, plying our bodies, minds and emotions, our very souls.

### The Rx Connection

Pharmakeia has a symbol associated with it, a stylized "Rx" that signals "prescription" to most people today. This may surprise you, but the Rx symbol is actually the Eye of Horus, identifying mark of Horus-Jupiter-Zeus! This compares to another familiar version—the glowing cap-stone of the pyramid on the back of the one dollar bill. Search it out to verify for yourself this important fact. Here's one example of what you'll find: The Eye of Horus.



If you're savvy about symbols, you know the Rx as the Eye of Horus links pharmaceutical drugs to the Beast and mark of the Beast

ploy. There is nothing ambiguous about this connection because anything identified with such a mark means what all similar symbols mean. The Rx symbol and the spell inducing drug scheme it represents exist to facilitate the mark of the beast. This symbol is ubiquitous in the health care environment, as is the Rod of Asclepius that links the medical practice to the Greek god known by that name or alias. The health care environment has been and continues to be signaled by the elite agencies as the primary sector in which the mark will be introduced. (Search my blog for such as NCR.com marketing scenes, the ObamaCare bill, PositiveId, Osirix, etc.) From the early enchantments and cutting of roots taught by the fallen Semjaza forward through time to the pharmakeia referenced in Revelation



18 you can track the Rx symbol and the trade it represents.

The Rx symbol has another interpretation that provides an interesting perspective. "Rx is an abbreviation for the Latin word 'recipere' or 'recipe,' which means 'Take, thou.'" (What does the pharmacist's symbol "Rx" mean?) This is an expression of a command to receive the drug/spell being offered. The interpretation of Rx as 'recipere' acknowledges the symbol as an inducement to receive the pharmakeia.

This compares to the inducement inherent in the name "PositiveId," the implantable microchip family of companies recently renamed from Verichip. "PositiveId" can be understood as equivalent to, "accept (acceptance-Positive) the mark (Id)" of the Beast.

These two inducements, "take, thou" and "accept the mark," have already teamed up, with the implantable microchip functioning as a Rx delivery system and as a means of linking the chipped person with their medical records, including their Rx!

Here's a quote from a source where the author rejected the 'recipere' interpretation in favor of the Rx symbol as a reference to Jupiter. (Jupiter is an alias for the Beast and the dragon who gives him his power, comparing to Horus, Zeus or Apollo.) "Rx is not, as is frequently supposed, an abbreviation of a Latin word meaning recipe or compound, but is an invocation to Jupiter, a prayer for his aid to make the treatment effective. Sometimes in old medical manuscripts all the R's occurring in the text were crossed." (Devils, Drugs, and Doctors (1931). The author makes a good point based upon the observation that 'R's were crossed in the old medical manuscripts.

It seems obvious to me that the Rx symbol is an invocation to Jupiter, seeing how it was a Watcher who taught men

about spells and the cutting of roots. Such an invocation of aid from Jupiter is the invitation for a curse, biblically and truthfully. It may well be said that the familiar Rx symbol is an accursed graven image. Here's a popular translation of the traditional Hippocratic Oath, which was written in Greek. Note, Horus is Apollo, son of Zeus, aka Jupiter.

***“I swear by Apollo, the healer, Asclepius, Hygieia, and Panacea, and I take to witness all the gods, all the goddesses, to keep according to my ability and my judgment, the following Oath and agreement:***

***To consider dear to me, as my parents, him who taught me this art; to live in common with him and, if necessary, to share my goods with him; To look upon his children as my own brothers, to teach them this art; and that by my teaching, I will impart a knowledge of this art to my own sons, and to my teacher's sons, and to disciples bound by an indenture and oath according to the medical laws, and no others.***

***I will prescribe regimens for the good of my patients according to my ability and my judgment and never do harm to anyone.***

***I will give no deadly medicine to any one if asked, nor suggest any such counsel; and similarly I will not give a woman a pessary to cause an abortion.***

***But I will preserve the purity of my life and my arts.***

***I will not cut for stone, even for patients in whom the disease is manifest; I will leave this operation to be performed by practitioners, specialists in this art.***

***In every house where I come I will enter only for the good of my patients, keeping myself far from all intentional ill-doing and all seduction and especially from the pleasures of love with women or men, be they free or slaves.***

***All that may come to my knowledge in the exercise of my profession or in daily commerce with men, which ought not to be spread abroad, I will keep secret and will never reveal.***

***If I keep this oath faithfully, may I enjoy my life and practice my art, respected by all humanity and in all times; but if I swerve from it or violate it, may the reverse be my life.”***

This is what the profession is rooted in, even if the version that a participant has sworn left out the names of the gods it is still pagan idolatry. How do we know? One way is to see that by constraining members to swear an oath those responsible for the medical profession engage in a practice that is fundamentally wrong.

**33 “Again, you have heard that the ancients were told, ‘You shall not make false vows, but shall fulfill your vows to the Lord.’ 34 But I say to you, make no oath at all, either by heaven, for it is the throne of God, 35 or by the earth, for it is the footstool of His feet, or by Jerusalem, for it is the city of the great King. 36 Nor shall you make an oath by your head, for you cannot make one hair white or black. 37 But let your statement be, ‘Yes, yes’ or ‘No, no’; anything beyond these is of evil. Matthew 5:33-37**

***12 But above all, my brethren, do not swear, either by heaven or by earth or with any other oath; but your yes is to be yes, and your no, no, so that you may not fall under judgment. James 5:12***

### **How Pharmakeia Works: Detuning for a biological Realignment Towards Genetic Reassignment**

Towards the goal of facilitating the union of the sons of god with the daughters of men, pharmakeia plies our bodies and minds, acting to conform us to the image of the serpent. Drugs induce changes in our body chemistry. These effect our body's function, metabolic processes.

They influence how we feel, think and act, our personality, responses and reactions. These changes may be temporary but may also last a very long time. Some cause our DNA to be rewritten, which changes us quite tangibly into a different "us." ***Because the life of the flesh is in the blood*** (Leviticus 17:11) and our blood is subject to pharmakeia's effects, there is a direct impact on our souls! The influence is also supernatural, with the very real effect of opening a door or gateway, a dimensional portal through which demons may pass. Our thoughts and actions are then given over to their control. These entities are referred to as familiar spirits. The supernatural activity of angels and demons is the effectual power, which do work through natural agencies. Pharmakeia can hinder people from receiving the holy spirit, or can isolate those who have it from the Lord and deny them what benefit would otherwise be enjoyed.

Technically, I believe effectual chemical agents configure biological structures so they resonate with certain vibrational frequencies. These tune us, literally, to match established frequencies or their harmonics. A resonant link is established like that between a singer and a crystal glass when the singer can hold a note and break the glass. The principle can be noted in relevant passages of scripture. Consider the following verses and how voices produce audio signals.

***And God said, Let there be light: and there was light. Genesis 1:3***

***So the people shouted, and priests blew the trumpets; and when the people heard the sound of the trumpet, the people shouted with a great shout and the wall fell down flat, so that the people went up into the city, every man straight ahead, and they took the city. Joshua 6:20***

***For the Lord Himself will descend***

***from heaven with a shout, with the voice of the archangel and with the trumpet of God, and the dead in Christ will rise first. 2 Thessalonians 4:16***

There is a link between the natural and supernatural that involves wavelengths and frequencies. The understanding of chemistry involves knowledge of the three (or higher?) dimensional molecular structures and the nature of the bonds. I believe pharmakeia is the knowing manipulation of these structures and bonds by drugs and spells, effectively retuning the targeted resonating structures from those of the inherited Yahweh/Adamic to the fallen serpent/ Watcher / Nephilim. Think of this like an antichrist detuning mechanism that works to reset our biology from Messiah-like to antiMessiah-like.

For more insight, see the blog series Threshold–The CBS sci-fi series from 2005 and watch this sci-fi series, considering the alien signal that invokes the transformation - and how blessed we are that the Lord would expose the enemy's hand in this hour. The fact that this kind of transformation occurs is documented in the Bible. Genesis 10:8 reveals that Nimrod began to be a mighty one in the earth. The Hebrew for "began to be a mighty one" is "chalal gibbowr" which, when you search out the usage of these two words, makes it very apparent what is meant. He was detuned, if you will, from the image of Yahweh to Lucifer, or, in a figure, broken off from the Yahweh/Adam tree and grafted into the serpent tree. This is the intent of pharmakeia, to ungraft and regraft, to facilitate a genetic reassignment that will come through the addition of a third strand of DNA.

Pharmakeia prepares an individual for the mark of the beast on an emotional level, causing an affinity for the serpent and the serpent-kind and a desire for union with the serpent as an aphrodisiac.

It facilitates the supernatural opening of what is referred to as the third eye or sixth chakra enlightenment channel. It prepares an individual physically by making them a fit container, a welcoming abode for the entities who were bound during the great flood and that still await their release. An individual so detuned is a willing and even eager receptacle, a canning jar ready to be filled, a receiver slave.

### **How Pharmakeia Works: Deceit, Delusion, Smoke and Mirrors**

As stated earlier, pharmakeia provides cover for Satan's strategies, according to Revelation 18:23: *"because all the nations (ethnos) were deceived by your sorcery (pharmakeia)."* A key passage on this topic is found in 2 Thessalonians.

*8) Then that lawless one will be revealed whom the Lord will slay with the breath of His mouth and bring to an end by the appearance of His coming;*

*9) that is, the one whose coming is in accord with the activity of Satan, with all power and signs and false wonders,*

*10) and with all the deception of wickedness for those who perish, because they did not receive the love of the truth so as to be saved.*

*11) For this reason God will send upon them a deluding influence so that they will believe what is false,*

*12) in order that they all may be judged who did not believe the truth, but took pleasure in wickedness.* 2 Thessalonians 2:8-12

I often refer to the deception wrought as the antichrist delusion. The deluding influence God sends can, to a large degree, be equated to the great city Babylon's pharmakeia. The sovereign God has ordained that it should be as so presented, to accomplish His purposes of judgment. Don't fret about it. This is a good thing because ultimately judgment has two

sides, including reward! Certainly, we have had and are even now receiving sufficient warning. The deception of wickedness for those who perish isn't explicitly defined in the passage, but it really doesn't need to be. The subject is addressed throughout the scriptures.

The activity of Satan underwrites the procreative scheme with myriad strategies. Pharmakeia provides the cover for these with powerful synergy as it works its magical biological realignment towards genetic reassignment. It is the ultimate facilitation tool. The drug spells are unlocking doors and providing control levers and bases of control. Pharmakeia lowers the natural resistance to the foreign ideas and images Satan introduces so influentially. What I mean by "natural resistance" is something imprinted into the nature of created beings that establishes a basis for discernment and accountability.

*18) For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men who suppress the truth in unrighteousness,*

*19) because that which is known about God is evident within them; for God made it evident to them.*

*20) For since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made, so that they are without excuse.* Romans 1:18-20

### **Drug Spells and Satan's Myriad Schemes**

What are some of Satan's myriad schemes that are underwritten by pharmakeia?

The most obvious of Satan's schemes is the simple lie, a contradiction of the truth of the word of God. For example, the serpent told Eve while in the garden of Eden, "Ye shall not surely die," *but the*

*Lord God had said, "thou shalt surely die."* As with that lie, the ultimate goal of these lies is seduction. The lies come through the speech and song lyrics of deceived and deceiving people in every context, or through the written word. Sometimes what comes to the conscious mind aren't actual words but rather pictures of familiar and recognizable things. Pharmakeia provides a smokescreen, an environment like "smoke and mirrors" that causes mental confusion and the inability to discern truth, making it difficult or even impossible to recognize and subsequently filter out lies. The spell inducing drugs thus provide something akin to lubrication for the insertion so the lies slide right on in.

Lies often come in the form of words that are perceived by the conscious mind but that's merely the most obvious way. When the "front door" is locked, that doesn't mean the devil can't get in to your "house." There are many ways: back doors, side doors, windows, through the doggie door or down the chimney! The serpent is subtle. You might think these things we see and hear consciously have the most influence, but the more I learn the more I think otherwise.

### **Musical Enchantment**

"Sex, drugs and rock and roll" or "Wine, women and song"—how many people have been taken advantage of through the millennia by such a combination as these? Music can have a powerful influence, for good or for evil.

The Bible testifies that David, son of Jesse, was a skillful musician and that the Lord was with him.

*So it came about whenever the evil spirit from God came to Saul, David would take the harp and play it with his hand; and Saul would be refreshed and be well, and the evil spirit would depart from him.* 1 Samuel 16:23

If inspired music can drive an evil spirit from a man, can music inspired from another source have the opposite effect? Certainly! The key testimony from the book of Enoch ("Semjaza taught enchantments, and root-cuttings." Enoch 8:3a) that documents how pharmakeia was learned from the Watchers is also understood to relate to music. The following excerpt references the work of the noted British cuneiform scholar Oliver Robert Gurney (1911 - 2001).

*"Enchantment: Gurney describes the Hittite worship and shows that the rituals were almost identical to the Canaanite and Hebrew worship. One of the features of 'sympathetic' magic among the Hittites was the "Old Woman" or "wise woman" which may mean "midwife." Other scholars note that early musicians acted as midwives between a worshipper and their god. Gurney notes that "thirteen such women are known, but they function as sorceresses in countless rituals." Of the sorceresses who performed magic through the incantation of what we would call a poem or song, the "author" are 3 midwives, 1 doctor, 1 prostitute, and 2 temple singers." (Enoch Book 1: Watchers)*

What does a midwife do but facilitate the delivery of offspring? As more than a hint, you see, the enchantments and root cutting as pharmakeia and music operate together to facilitate the procreative agenda of the ages, to bring forth the offspring of the union of the sons of god and the daughters of men, a race bearing the image of the serpent. Wine, women and song! Sex, drugs and rock 'n roll! Seeing this combination in the context of the mark of the Beast may seem novel to you but such as that has been the goal for a very long time.

### **Subliminal—Below the Threshold of Consciousness**

Most likely, you've heard of subliminal messages. It's also likely you've heard subliminal messages aren't effective. I'm sure you've heard there's no such thing as Satan, too. I hope you didn't fall for either one! If you check modern dictionaries, you'll find definitions like the following because subliminals are legitimate.

**Subliminal:** *"existing or operating below the threshold of consciousness; being or employing stimuli insufficiently intense to produce a discrete sensation but often being or designed to be intense enough to influence the mental processes or the behavior of the individual: a subliminal stimulus; subliminal advertising."* (Dictionary.com Unabridged. Based on the Random House Dictionary)

When words and images are presented below the threshold of our consciousness there is, by definition, no awareness of the stimulus and thus no opportunity to consciously control our response. Reason is removed from the equation. This situation is taken advantage of in many ways. Regarding visual imagery, words like "sex" and "death" may be found subtly imprinted in paintings, ads, commercials and magazine covers, and also pictures of skulls, violent crime, male and female genitalia, and people engaging in sexual activity. For some examples, see this video: Subliminal persuasion through media, music and HAARP (Programming The Nation trailer). Such as this would not be accepted if it were obvious to our conscious minds. When presented with sufficient subtlety, however, most people are influenced and the intentionally solicited reaction is produced.

Regarding audible imagery, words and sounds are sometimes presented with similar subtlety, heard and received without being consciously perceived. Walmart was accused of subliminal pro-

gramming not long ago. They played messages through the store's loudspeakers encouraging shoppers not to steal. In 2003, the words, "I hate you" were heard by Blanche Skelton coming from an item purchased from Walmart that had been hung on her baby's crib. This repeating mantra was concealed within the sounds of ocean waves from the aquarium toy that was intended to lull the baby to sleep.

There are risks involved when someone undertakes to present subliminal messaging. If the subliminal artifact is discovered and exposed, depending on the nature of or result of what has been done, there may be some negative impact on the transgressors's reputation. Watch this video to see CNN flashing a subliminal ad for a pharmaceutical. The popularity of subliminals reveals how their use is popularly deemed a worthwhile risk. The perception is that the benefits are substantial, and the evidence validates that perception.

Drugs in the water supply, processed foods and chemtrails—genetically modified plants and animals used for food and the spread of spores, bacteria and virus— waveform "pollution" from the electrical grid and broadcast towers and every sort of energetic projection coming through the entertainment media—all these things work to tune us, to retune us from Yahweh-like to serpent-like. What is done for control is not just for the simple acquisition of money or goods. Material wealth is only a means to the end. What is done is beyond even the feeding of the prideful ego of a few wicked people. When you evaluate the scope and scale of these schemes, the greed and pride points beyond mere natural man to the serpent and to his interest in men as the means to acquire worship as God, having the subjects in his kingdom made in his own image. It is a full replacement agenda, substitut-

ing himself for the Most High, his body for His Body, his body's head for His Body's Head and even his bride for His Bride.

### The Aphrodisiac and the Goddess of Magic

One could hardly address this topic without considering aphrodisiacs. "Aphrodisia" means sexual desire. An "aphrodisiac" is a food, drug, potion, or other agent that arouses sexual desire. I've presented pharmakeia as facilitating the procreation scheme, which means that it truly serves on some level as an aphrodisiac.

Word Origin & History: aphrodisiac—1719, from Gk. aphrodisia-kos "inducing sexual desire," from aphrodisios, "pertaining to Aphro-dite" (q.v.), Gk. goddess of love and beauty. (Online Etymology Dictionary, © 2010 Douglas Harper)

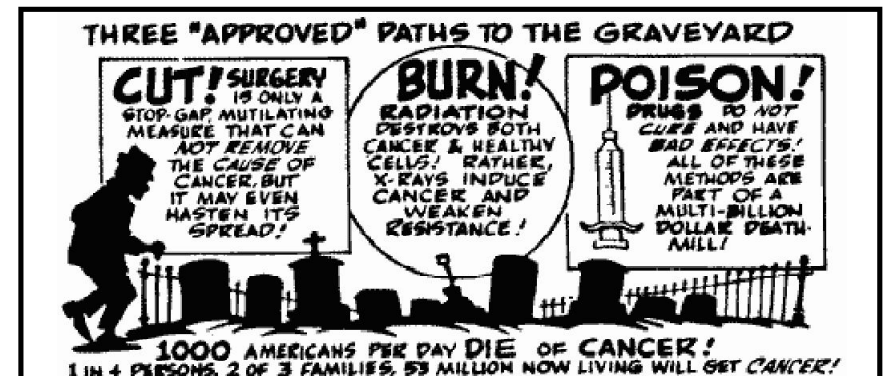
Just that connection alone should speak loudly about the point of pharmakeia. Yes, it facilitates procreation between the sons of god and daughters of men. Like the Rx symbol, aphrodisiacs can be traced back to the Watchers who taught the magic of pharmaceuticals. Since this Aphrodite is secretly so popular and influential even today.

### In Closing

Mind your drug use. Weigh whatever promises or benefits are associated with the medications with what they might actually be costing you. If you suspect the influence of curses in your life and find the Lord's blessings elusive, consider the potential role pharmakeia plays in your life. If you find yourself struggling with faith and peace, less pharmaceuticals and not more is usually the better choice. I encourage you to entrust your health and well-being to the Lord, who is the great physician. Seek His specific guidance and take care to follow through with that direction.

If you ever watch TV, you've spent time watching commercials for drugs of many kinds. The drug companies and the mass media are pushing drugs like there's no tomorrow! Why? Because, truly, not many more tomorrows remain. No effort is being spared to medicate the masses, globally. Such as GlaxoSmith-Kline, Hoffmann-La Roche, Pfizer and even long respected Johnson & Johnson don't have clean ethics records, and there is every reason to question their motives as we consider what is done over what is said. Given what has been presented in this writing, you have another version of the facts to consider about what big pharma is really all about.

Ω See full article at the source provided.



# Babylon, Health Reform and Three Angel's Message

end-times-prophecy.org

*“I am instructed to bear a message to all our people on the subject of health reform, for many have backslidden from their former loyalty to health reform principles, the light that God has given is being disregarded. A true reformation needs to take place among the believers.” EGW*

The health message is a pretty simple, clear message that we are giving to the world. It is a message of reformation in our health and habits. A message that if heeded, will bring not only physical benefit, but spiritual also. But how? How can being healthy be beneficial to our spiritual life? Quite simple. We worship God and follow Him first and foremost in our minds. So everyone should know that if we are in poor health, then our minds are affected and we cannot give true devotion to God. Not only that, God's Word also tells us that we are not to defile our bodies, because we are the 'temple of God.'

1 Corinthians 3:16-17: *“Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.”*

Romans 12:1: *‘I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.’*

**“The health reform, I was shown, is a part of the third angel's message, and is just as closely connected with it as are the arm and hand with the human body. I saw that we as a people must make an advance move in this great work. Ministers and people must act in concert.” —EGW**

1 Corinthians 10:31: *‘Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.’*

So how should we treat this 'temple of God'? How should we 'present our body a living sacrifice' to God? By being as healthy as we can and by not eating the foods that God never intended for us to eat. Can we 'give glory to God' by eating cancer causing meats and disease causing processed foods and drinks? No. Health and temperance is a vital message the people need today.

## Babylon, Health Reform and Three Angel's Message

*Revelation 14:6-7: “And I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, saying with a loud voice, Fear God, and give glory to him; for the hour of his judgment is come: and worship him that made heaven, and earth, and the sea, and the fountains of waters.”*

How can we 'give glory to God' in our bodies? The answer is simple and straight forward. Health and temperance!

*Revelation 14:9-12: ‘And the third angel followed them, saying with a loud voice, If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God,*

*which is poured out without mixture into the cup of his indignation; and he shall be tormented with fire and brimstone in the presence of the holy angels, and in the presence of the Lamb: And the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name. Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus.’*

Anyone who is deceived into following the beast and taking it's mark will receive the wrath of God and be lost. Now what kind of person will be more able to perform diligent personal study and devotion to God and detect the deception? A healthy person who has a clear healthy mind? Or a sickly, diseased person who's mind is clouded, and relies on drugs? Obviously it will be the clear healthy mind!

What else suppresses and clouds our minds? Alcohol! This needs to be eradicated completely if we are to have clear healthy minds to discern between error and truth!

Now who is it that is 'worshiped' by the world in the last days? The beast of Revelation 13 right? And this beast is the same as the beast in Revelation 17. But there is another important entity involved - **BABYLON, THE MOTHER OF HARLOTS!** She is the harlot woman riding (or controlling) the beast. And do you know one of the ways Babylon is deceiving the nations today? Take a look:

*Revelation 18:23: ‘for thy merchants were the great men of the earth; for by thy sorceries were all nations deceived.’*

Do you know what that word 'sorceries' is in the original Greek? It's 'pharmakeia', which means - 'the use or the

administering of drugs'. And it is the very word where 'pharmaceuticals' came from! So the nations today have been DECEIVED by the PHARMACEUTICALS of Babylon! And oh, what a deception!

The vast majority of people around the world today have been deceived into thinking that pharmaceutical drugs are safe and are made to help us. But the reality is, these big pharma drugs do not give any healing and only severely weaken the immune system. Not only that, they cause many people to become addicted to them! Now take a look at these inspired quotes from 100 years ago.

*“Drug medication should be worked away from as fast as possible, until entirely discarded.” (E. White, Counsels on Diet and Foods, p. 406)*

*“Drugging should be forever abandoned; for while it does not cure any malady, it enfeebles the system, making it more susceptible to disease.” (E. White, Counsels on Diet and Foods, p. 83)*

*“It is the Lord's purpose that His method of healing without drugs shall be brought into prominence in every large city through our medical institutions.” (E. White, Counsels on Health, p. 394)*

**Are you or your church/institution actively using pharmaceutical drugs? Then you are going against the Lord's will and design.**

*“In every health institution that has fallen into worldly practices, the Lord calls for a decided change.” (E. White, 16 Manuscript Releases, par. 14.1)*

As God's people we should have health centres that treat Cancer using **proven** natural methods like raw juicing, high doses of good Vitamin C and reformed diet, **NOT** drugs and Chemotherapy.

Then our health institutions would be a true witness for God and we would fulfil our true medical missionary calling. But if our first line of ‘treatment’ is in the use of drugs, then we look just like the world, and God is not glorified!

God created us humans from the soil. So naturally, the food we need to be consuming, should be natural food that also comes from the soil. Fruits, vegetables, seeds, nuts and legumes. The problem is, society today is bombarded with processed junk that on the whole isn’t even real food. A lot of the foods being sold in supermarkets today have been ‘made’ in science labs. They are not only devoid of nutrition, but are FULL of processed sugars, fats and chemicals that are harmful to our bodies.

Add to that all the toxic chemicals which are put in the soil and sprayed onto the crops and you have a recipe for disaster!

So how can I be more healthy? **1.** Move yourself off the processed foods. **2.** Start eating more fruits, vegetables, seeds, nuts and legumes. **3.** Purchase organic food where possible, or grow your own. **4.** Move away from pharmaceutical drugs as soon as you can. **5.** Stop drinking alcohol. **6.** Drink more filtered water. **7.** Exercise more. **8.** Get plenty of fresh air. **9.** Read the Scriptures. **10.** Trust in God.

*“Many a mother sets a table that is a snare to her family. Flesh-meats, butter, cheese, rich pastry, spiced foods, and condiments are freely partaken of by both old and young. These things do their work in deranging the stomach, exciting the nerves, and enfeebling the intellect. The blood-making organs cannot convert such things into good blood. The grease cooked in the food renders it difficult of digestion. The effect of cheese is deleterious. Fine-flour bread does not impart to the system the*

*nourishment that is to be found in unbolted wheat bread. Its common use will not keep the system in the best condition. Spices at first irritate the tender coating of the stomach, but finally destroy the natural sensitiveness of this delicate membrane. The blood becomes fevered, the animal propensities are aroused, while the moral and intellectual powers are weakened, and become servants to the baser passions. The mother should study to set a simple yet nutritious diet before her family.”* (E.White, Christian Temperance and Bible Hygiene, p.46-47)

And what do most people end up turning to, as a result of their poor diet? Pharmaceutical drugs! And the spiral towards a wrecked body and mind increases.

Do we really need to mention smoking tobacco, or any other substance? We all know the devastating effects of smoking. By inhaling this stuff, you are greatly defiling the ‘temple of God’. And if you think you are ok by smoking these new e-cigarettes, think again, because these things also contain nicotine and other poisonous chemicals that are harmful to the body.

*“With many, the appetite clamors for the disgusting weed, tobacco, and ale, made powerful by poisonous, health-destroying mixtures. Many do not stop even here. Their debased appetites call for stronger drink, which has a still more benumbing influence upon the brain. Thus they give themselves up to every excess, until appetite holds complete control over the reasoning faculties; and man, formed in the image of his Maker, debases himself lower than the beasts.”* (A Solemn Appeal, p.102)

### Temperance

*“God has written His law upon every nerve and muscle, every fibre and function of the human body. The indulgence of unnatural appetite, whether for tea,*

*coffee, tobacco, or liquor, is intemperance, and is at war with the laws of life and health. By using these forbidden articles, a condition of things is created in the system which the Creator never designed. This indulgence in any of the members of the human family is sin. But how much more sinful is it in those who profess to be Christians, who say they are Abraham’s children. They are not, because they do not practice the works of the Lord. If they were following Jesus, they would deny unnatural appetite. Every gratification of unnatural appetite produces disease in the physical system. The eating of food that does not make good blood is working against the laws of our physical organism, and is a violation of the law of God. The cause produces the effect. Suffering, disease, and death are the sure penalty of indulgence.”* (The Bible Echo, September 18, 1899)

Wow, that’s a pretty strong message, right? A message that the majority of God’s professed people cannot bear, and will disregard as fanaticism! And yet if we really think about it, there is much truth in the quote above and one we need to take very seriously. There are two things to note concerning coffee, tea and alcohol. One is the clear truth that they are not good for our bodies and can do us harm. The other point is that many people become addicted to these drinks. So they could be classed as a type of drug. Now what becomes difficult to practice when we are addicted to substances? TEMPERANCE

2 Peter 1:5-7: ‘And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; And to knowledge temperance; and to temperance patience; and to patience godliness; And to godliness brotherly kindness; and to brotherly kindness charity.’

Temperance is an important part of our walk with the Lord Jesus Christ. But how

can we practice and grow in temperance when we are addicted to substances like tea, coffee or alcohol? We cannot! Therefore, anything that gets in the way of us practicing temperance needs to be eradicated from our lives.

Are you willing to submit fully to the ways of the Lord? Jesus Christ gave His ALL for us, even while we were sinners! So if we are not willing to give up some unhealthful substances and practice true temperance for our blessed Saviour, then we are showing Him that we do not have a true faith, and our salvation is in danger. And no, we are NOT saved by ‘giving up coffee’, we are saved by grace through faith. BUT, the way we live PROVES whether our faith is genuine or not. Is your faith genuine?

The great subject of Godly reform is to be agitated, and the public mind is to be stirred. Temperance in all things is to be connected with the message, to turn the people of God from their idolatry, their gluttony, and their extravagance in dress and other things. The self-denial, humility, and temperance required of the righteous, whom God especially leads and blesses, is to be presented to the people in contrast to the extravagant, health-destroying habits of those who live in this degenerate age. God has shown that health reform is closely connected with the third angel’s message. (Taken from ‘The Elijah Prophecy’, Maranatha, by E.White)

### What about Meat?

*“Greater reforms should be seen among the people who claim to be looking for the soon appearing of Christ. Health reform is to do among our people a work which it has not yet done. There are those who ought to be awake to the danger of meat eating who are still eating the flesh of animals, thus endangering the physical, mental, and spiritual health. Many who are now*

*only half converted on the question of meat eating will go from God's people, to walk no more with them.*" (Review & Herald May 27, 1902)

Was it God's will for man to kill animals and use animal meat and produce as food? No. God's original plan was for man to be sustained by the food of the earth, which God created: fruit, nuts and grains. And this is what God is pointing us to in the three angels messages of Revelation 14. He is pointing us back to creation, and Him as the Creator. The only reason animal meat came into the diet was first, because of sin. Secondly, God allowed it after the flood to cut short the life of man, and thirdly because the Israelites never obeyed but moaned and desired "flesh" to eat, as they had become accustomed to in Egypt

Numbers 11:4-5: *'And the mixt multitude that was among them fell a lusting: and the children of Israel also wept again, and said, Who shall give us flesh to eat? We remember the fish, which we did eat in Egypt freely; the cucumbers, and the melons, and the leeks, and the onions, and the garlick.'*

But Jesus and His disciples ate fish right? Yes they did. Which is why this health message is a message particularly for the

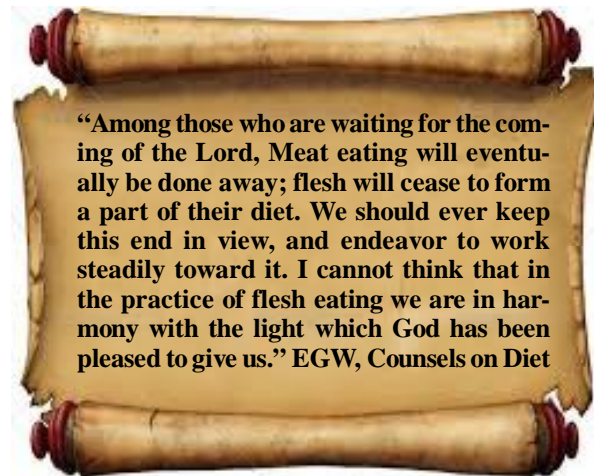
**end times**, where we are living now.

Back 2000 years ago, "Biblically clean" fish and animal meat was far more pure and didn't contain the **diseases, toxins, drugs and growth hormones** that we find in the majority of animals and fish today. The earth is so polluted now, that no flesh is safe to eat. You ask any health expert or scientist who isn't afraid to speak the truth, and you will be told that the majority of animals and fish are diseased and full of toxins. Look at the **KNOWN** oil spills during the past 10 years alone. The seas and rivers are now full of deadly chemicals, and these chemicals get soaked into the fish that live in these waters. And the way animals are reared now, being fattened up with growth hormones and pumped with antibiotics to combat disease, their flesh is no longer safe to eat.

Just look at this quote made back in the mid 1800's:

*"There are but a few animals that are free from disease. They have been made to suffer greatly for the want of light, pure air, and wholesome food. When they are fattened, they are often confined in close stables, and are not permitted to exercise, and to have free circulation of air. Many poor animals*

*are left to breathe the poison of filth which is left in barns and stables. Their lungs will not long remain healthy while inhaling such impurities. Disease is conveyed to the liver, and the entire system of the animal is diseased. They are killed, and prepared for the market, and people eat freely of this poisonous animal food. Much disease is caused in this manner. But people can-*



*not be made to believe that it is the meat they have eaten, which has poisoned their blood, and caused their sufferings. Many die of disease caused wholly by meat-eating, yet the world does not seem to be the wiser. Their blood is highly inflamed, and those who eat of their meat, eat poison. Some are not immediately affected, while others are attacked with severe pain, and die from fever, cholera, or some unknown disease. Very many animals are sold for the city market known to be diseased by those who have sold them, and those who buy them are not always ignorant of the matter. Especially in larger cities this is practiced to a great extent, and meat-eaters know not that they are eating diseased animals."*

*"God's curse is resting upon the animal creation. Many times when meat is eaten, it decays in the stomach, and creates disease. Cancers, tumors, and pulmonary diseases are largely caused by meat eating."* (E. White, Counsels on Diet and Foods, p.383)

If this was happening back in the 1800's, just imagine the poisonous state of animal flesh today!! As a matter of fact, doctors who are educated in health are now attributing many diseases to poor diet and meat eating.

### **Meat demand sparks dramatic rise in antibiotic use**

Now remember what the first angel said? Revelation 14:7: *'Fear God and give glory to Him.'* What is one way of us giving glory to God? 1 Corinthians 6:20: *'For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.'* How can we give glory to God "in our

bodies" if we continue to fill it with poisonous flesh and alcohol and refined sugar, making ourselves sick, diseased and in need of Babylon's pharmaceutical drugs, which in turn make us even worse? No. We need to *"present our bodies a living sacrifice"* to God (Romans 12:1) by reforming our diet and living a healthy lifestyle. After all, a healthy body will help produce a healthy mind and a healthy soul. Does God not desire this of His people? Of course He does.

**Meat should be totally discarded from our diets now. Including alcohol and pharmaceutical drugs.**

God has shown us many things through the prophet Daniel. Good health being one of them.

*Daniel 1:8,12,15: 'But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank: therefore he requested of the prince of the eunuchs*

*that he might not defile himself. Prove thy servants, I beseech thee, ten days; and let them give us pulse to eat, and water to drink. And at the end of ten days their countenances appeared fairer and fatter in flesh than all the children which did eat the portion of the king's meat.'*

Friend, a time has come when we as the children of God need to be clear minded. Clear minded to help us discern the great deceptions that Satan is bringing upon this world. He knows his time is short, so he is going to use all his craft and power to deceive God's people during these last days. Which is why we need to do our best to build our bodies up to be able to resist disease and sickness, so

**"From the light God has given me, the prevalence of cancer and tumors is largely due to gross living on dead flesh."  
—EGW**



that we can think clearly, discern between right and wrong and bring glory to God in our lives.

Health reform needs to be a part of our Christian growth, as we draw nearer and nearer to Christ Jesus, and as we enter (spiritually) into the most holy place of God's heavenly sanctuary, into the very presence of God.

3 John 1:2: *'Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.'* See the 8 laws of health for info on how to live a healthy lifestyle.

### Verses Used "Against" the Health Message

There are a number of Bible verses that many Christians use to "support" their meat eating (including Biblical "unclean" meat), and which they use against the health message. Let's examine the verses in question.

1. Matthew 15:11: *'Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man.'*

If we simply take the whole chapter in context, it can be easily seen that what Jesus is talking about is the Pharisees rules on eating with **unwashed hands**. And although Jesus is not saying that eating with dirty hands is ok. He is merely pointing out that the Pharisees placed more importance on these ritual rules than they did on love. So Jesus is teaching a "heart" issue, in that what comes from the heart is that which really makes a person "evil", not what goes into the stomach.

2. Acts 10:10-13: *'And he became very hungry, and would have eaten: but while they made ready, he fell into a trance, And saw heaven opened, and a certain vessel descending upon him, as it had been a great sheet knit at the four corners, and let down to the earth:*

*Wherein were all manner of fourfooted beasts of the earth, and wild beasts, and creeping things, and fowls of the air. And there came a voice to him, Rise, Peter; kill, and eat.'*

This is such a well known misunderstood piece of scripture that many Christians use to "validate" their eating of unclean animals. And yet the meaning of the vision is clearly given within the context. Now let's say that the vision DID mean we can now eat anything. Shall we now start eating dogs, cats, rats, horses and such like? Do Christians eat such things? Of course not. And yet they use this verse to support their eating of pigs and other Biblically unclean flesh. Peter even said himself after the vision, *'Not so, Lord; for I have never eaten any thing that is common or unclean.'* He was shocked and troubled by this vision. Why? Because he couldn't believe that God would now pronounce all unclean animals and insects as ok to eat.

So what does this vision **REALLY** mean? Acts 10:28,34,35: *'And he said unto them, Ye know how that it is an unlawful thing for a man that is a Jew to keep company, or come unto one of another nation; but God hath shewed me that I should not call any MAN common or unclean. Then Peter opened his mouth, and said, Of a truth I perceive that God is no respecter of persons: But in every nation he that feareth him, and worketh righteousness, is accepted with him.'*

Through this vision, God was basically showing Peter that ALL PEOPLE who fear God and do His will are accepted ("clean"). So why did God use a vision to do with eating? Maybe because as verse 10 says, Peter was very hungry before he had the vision. Also in the vision, God spoke **THREE** times, saying that what He had cleansed, Peter should not call common. Why **THREE** times? Because **THREE NON-**

**"Those foods should be chosen that best supply the elements needed for building up the body. In this choice, appetite is not a safe guide. Through wrong habits of eating, the appetite has become perverted. Often it demands food that impairs health and causes weakness instead of strength. We cannot safely be guided by the customs of society. The disease and suffering that everywhere prevail are largely due to popular errors in regard to diet.**

— EGV

**JEW**s then came to see Peter to take him to Cornelius.

3. *1 Timothy 4:4: 'For every creature of God is good, and nothing to be refused, if it be received with thanksgiving.'*

Again, if we read in context, we can see that in verses 1-3 it says: *'in the latter times some shall depart from the faith, Speaking lies in hypocrisy; having their conscience seared with a hot iron, Forbidding to marry, and commanding to abstain from meats.'* Some say that this is speaking about the Adventist church. But note, Paul is saying that these "individuals" teaching to abstain from meats also teach **not to marry**. The Adventist church does not forbid marriage, but rather promotes marriage between a man and woman. On the other hand, the Roman Catholic church does forbid eating foods on certain holiday celebrations and forbids marriage through it's institutions of the nuns and priests.

Please also notice this **important** point. The word "meats" in verse 3 simply means **FOOD**. When the Bible is talking about animal meat, it says "flesh". But when talking about non-flesh food, it uses the word "meat". For example, in Genesis 1:29 God tells Adam and Eve what He has created for them to eat: *'every herb bearing seed and the*

*fruit of the tree yielding seed'*. And what does God call this food in Genesis 1:29? **MEAT**. So going back to verse 3 of Timothy above, what "meat" has God **CREATED** to be received with thanksgiving? Food of the earth. Because God did **NOT** create animals to be killed and eaten. That was not His plan.

Also, did you notice that in verse 4 it says *'every CREATURE of God is good.'*? The word **CREATURE** simply means "thing founded" or "created thing". So if "creature" in this verse means anything other than natural products of the earth which God created for us to eat, then people will **HAVE** to include every crawling thing upon the face of the earth, **INCLUDING HUMANS!** So, is it ok to eat rats, spiders, dogs, cats, and people? Is cannibalism now approved? After all, Mark 16:15 says: *'Go ye into all the world, and preach the gospel to every creature.'*

The only logical conclusion is that Paul is talking about those who would forbid the eating of foods that God originally created for our diet.

*1 Timothy 4:5: 'For it is sanctified by the word of God AND prayer.'*

How is food sanctified (made holy for us to eat)? **NOT just** by prayer which many Christians seem to believe. But rather by the **Word of God AND prayer**. Now, where in the Bible is unclean meat like pig, camel, mice, bats, eagle sanctified?

4. Romans 14:2-3: *'For one believeth that he may eat all things: another, who is weak, eateth herbs. Let not him that eateth despise him that eateth not; and let not him which eateth not judge him that eateth: for God hath received him.'*

Now let's look at what Paul said in chapter 12:1: *'I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacri-*

*fice, holy, acceptable unto God, which is your reasonable service.*’ Do you really think that Paul would plead with us to present our bodies as a living sacrifice, holy, and then turn around and suggest that eating anything, even those things that **HARM** our bodies is ok? I don’t think so. Again, if Paul IS suggesting that eating *all things* is ok, then you must include **ALL THINGS**, dogs, cats, rats, horses, etc. Would this be acceptable to God? No way! So what is Paul saying in chapter 14?

The context of the point Paul is putting across is to do with “*those who are weak in the faith*”. That is, one who has but a limited grasp of the principles of righteousness. He is eager to be saved and is willing to do whatever he believes is required of him. But in the immaturity of his Christian experience and probably also as the result of former education and belief, he attempts to make his salvation more certain by the observance of certain rules and regulations (ceremonial laws) that are in reality not binding upon him. To him these regulations assume great importance. He regards them as absolutely binding upon him for salvation, **and he is distressed and confused when he sees other Christians about him, especially those who seem to be more experienced, who do not share his assumptions.**

In Corinthians the problem is identified in the practice of eating foods sacrificed to idols. According to the ancient practice, pagan priests carried on an extensive merchandise of the animal sacrifices offered to idols. Paul told the Corinthian

believers, which were converts from both Judaism and Paganism that inasmuch as an idol was nothing, there was no wrong, so to speak, in eating foods dedicated to it. However, he explains, because there were some who were beginners in the faith and still fairly weak, and could not with a free conscience eat such foods, Paul urged those who were stronger in the faith not to place a stumbling block in a brother’s way by indulging in those foods. And Probably for fear of offending in this matter some Christians abstained from flesh foods (Biblically clean meat) entirely, which means that their food was restricted to “herbs”, that is, vegetables.

So what is meant by “*all things*”? All things that are sanctified (pronounced clean, as per Levitical laws) by the Word of God. Does the Word of God pronounce dogs, cats, pigs and wild beasts as clean to eat? No.

If people would only take the WHOLE of God’s Word in context, they would see the clear truth of the matter. God is trying to draw men back to the original plan in the Garden of Eden. And He wants a people in the last days who are living according to that original plan. This is the message of the three angels of Revelation 14. A message of turning away from the world and Babylon’s deceptions, and returning back to God. The messages point us to our Creator. And how were we made? We were made in the image of God. So should we act and live in the image of God. This is the health message. Please bring glory to God in all you do. Ω

God will have men who will venture anything and everything to save souls. Those who will not move until they can see every step of the way clearly before them will not be of advantage at this time to forward the truth of God. There must be workers now who will push ahead in the dark as well as in the light, and who will hold up bravely under discouragements and disappointed hopes, and yet work on with faith, with tears and patient hope, sowing beside all waters, trusting the Lord to bring the increase. God calls for men of nerve, of hope, faith, and endurance, to work to the point.—EGW

## God’s Last Warning to the World: The Three Angels’ Messages

Revelation 14:6-15, The Interlinear Bible

### First Angel - Verses 6-7

“*And I saw another angel flying in mid-heaven, having an everlasting gospel to proclaim to those dwelling on the earth, even to every nation and tribe and tongue and people, saying in a great voice, Fear God, and give glory to Him, because the hour of His judgment has come; also, Worship Him who has made the heaven, and the earth, and the sea, and the fountains of waters.*”

### Second Angel - Verse 8

“*And another angel followed, saying, The great city, Babylon, has fallen, has fallen; because of the wine of the anger of her fornication, she made all nations to drink.*”

### Third Angel - Verses 9-12

*And a third angel followed them, saing in a great voice, If anyone worships the beast and its image, and receives a mark on his forehead, or in his hand, he also shall drink of the wine of the anger of God having been mixed undiluted in the cup of His wrath. And he will be tormented by fire and brimstone before the holy angels and before the Lamb. And the smoke of their torment goes up forever and ever. And those worshiping the beast and its image have no rest night and day, even if anyone receives the mark of its name. Here is the patience of the saints; here are the ones keeping the commands of God, and the faith of Jesus.*

## Revelation 18 (KJV)

18 *And after these things I saw another angel come down from heaven, having great power; and the earth was lightened with his glory.*

2 *And he cried mightily with a strong voice, saying, Babylon the great is fallen, is fallen, and is become the habitation of devils, and the hold of every foul spirit, and a cage of every unclean and hateful bird.*

3 *For all nations have drunk of the wine of the wrath of her fornication, and the kings of the earth have committed fornication with her, and the merchants of the earth are waxed rich through the abundance of her delicacies.*

4 *And I heard another voice from heaven, saying, Come out of her, my people, that ye be not partakers of her sins, and that ye receive not of her plagues.*

5 *For her sins have reached unto heaven, and God hath remembered her iniquities.*

6 *Reward her even as she rewarded you, and double unto her double according to her works: in the cup which she hath filled fill to her double.*

7 *How much she hath glorified herself, and lived deliciously, so much torment and sorrow give her: for she saith in her heart, I sit a queen, and am no widow, and shall see no sorrow.*

8 *Therefore shall her plagues come in one day, death, and mourning, and famine; and she shall be utterly burned with fire: for strong is the Lord God who judgeth her.*

9 *And the kings of the earth, who have committed fornication and lived deliciously with her, shall bewail her, and*

*lament for her, when they shall see the smoke of her burning,*

*10 Standing afar off for the fear of her torment, saying, Alas, alas that great city Babylon, that mighty city! for in one hour is thy judgment come.*

*11 And the merchants of the earth shall weep and mourn over her; for no man buyeth their merchandise any more:*

*12 The merchandise of gold, and silver, and precious stones, and of pearls, and fine linen, and purple, and silk, and scarlet, and all thyine wood, and all manner vessels of ivory, and all manner vessels of most precious wood, and of brass, and iron, and marble,*

*13 And cinnamon, and odours, and ointments, and frankincense, and wine, and oil, and fine flour, and wheat, and beasts, and sheep, and horses, and chariots, and slaves, and souls of men.*

*14 And the fruits that thy soul lusted after are departed from thee, and all things which were dainty and goodly are departed from thee, and thou shalt find them no more at all.*

*15 The merchants of these things, which were made rich by her, shall stand afar off for the fear of her torment, weeping and wailing,*

*16 And saying, Alas, alas that great city, that was clothed in fine linen, and purple, and scarlet, and decked with gold, and precious stones, and pearls!*

*17 For in one hour so great riches is come to nought. And every shipmas-*

*ter, and all the company in ships, and sailors, and as many as trade by sea, stood afar off,*

*18 And cried when they saw the smoke of her burning, saying, What city is like unto this great city!*

*19 And they cast dust on their heads, and cried, weeping and wailing, saying, Alas, alas that great city, wherein were made rich all that had ships in the sea by reason of her costliness! for in one hour is she made desolate.*

*20 Rejoice over her, thou heaven, and ye holy apostles and prophets; for God hath avenged you on her.*

*21 And a mighty angel took up a stone like a great millstone, and cast it into the sea, saying, Thus with violence shall that great city Babylon be thrown down, and shall be found no more at all.*

*22 And the voice of harpers, and musicians, and of pipers, and trumpeters, shall be heard no more at all in thee; and no craftsman, of whatsoever craft he be, shall be found any more in thee; and the sound of a millstone shall be heard no more at all in thee;*

*23 And the light of a candle shall shine no more at all in thee; and the voice of the bridegroom and of the bride shall be heard no more at all in thee: for thy merchants were the great men of the earth; for by thy sorceries were all nations deceived.*

*24 And in her was found the blood of prophets, and of saints, and of all that were slain upon the earth. Ω*

ing place. In the current Syrian conflict, the students of prophecy are watching the fulfillment of Isaiah 17 and Ezekiel 38 and 39. Isaiah 17 reads: *"This message came to me concerning Damascus: 'Look, Damascus will disappear! It will become a heap of ruins. The cities of Aroer will be deserted.*

*Sheep will graze in the streets and lie down unafraid. There will be no one to chase them away. The fortified cities of Israel will also be destroyed, and the power of Damascus will end. The few left in Aram will share the fate of Israel's departed glory,' says the Lord Almighty."* Isaiah 17:1-3, NLT). It will be wise for the people in Syria to relocate from these places.

In the current revolution against the world's elite which is taking place the world over—USA, Europe, Arab, Asian countries, etc.—I am seeing the fulfillment of Revelation 17 and 18. Presently the people are exposing only the world's elite, but when they realize that all filthy and destructive decisions stemmed from Rome, they will participate in the destruction of her and will fulfill the following verses:

Rev. 17:16-18: *"And the ten horns and the beast that you saw will hate the prostitute. They will leave her desolate and naked, and will eat her flesh and burn her with fire. For God has put it into their hearts to carry out His purpose by uniting to give their kingdom to the beast, until the words of God are fulfilled. And the woman you saw is the great city that rules over the kings of the earth."*

#### Matthew Henry Commentary

Rev. 17:15-18: God so ruled the hearts of these kings, by his power over them, and by his providence, that they did those things, without intending it, which he purposed and foretold. They shall see their folly, and how they have been bewitched and enslaved by the harlot, and be made instruments in her destruction. She was that great city which reigned over the kings of the earth, when John had this vision; and every one knows Rome to be that city. Believers will be received to the glory of the Lord, when wicked men will be destroyed in a most

awful manner; their joining together in sin, will be turned to hatred and rage, and they will eagerly assist in tormenting each other. But the Lord's portion is his people; his counsel shall stand, and he will do all his pleasure, to his glory, and the happiness of all his servants.

Rev. 18:6-9: *"Reward her even as she rewarded you, and double unto her double according to her works: in the cup which she hath filled fill to her double. How much she hath glorified herself, and lived deliciously, so much torment and sorrow give her: for she saith in her heart, I sit a queen, and am no widow, and shall see no sorrow. Therefore shall her plagues come in one day, death, and mourning, and famine; and she shall be utterly burned with fire: for strong is the Lord God who judgeth her. And the kings of the earth, who have committed fornication and lived deliciously with her, shall bewail her, and lament for her, when they shall see the smoke of her burning."*

But this will not happen until Rome stretches its rule throughout the world and gives a death decree to kill all God's saints. The saints are not ready to fit into heaven. Fiery trials and death will perfect their character and will fit them to heaven.

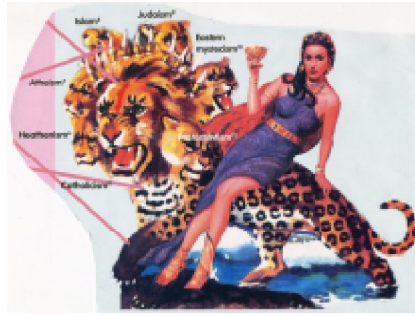
I sympathize with those who believe in pre-trib rapture! You can keep hoping upon hope that you will be lifted up from this earth without perfection of character, but that will not happen. Isaiah 26:9 says: *"For when the earth experiences Your judgments The inhabitants of the world learn righteousness."*

Revelation 18 tells how Babylon will be destroyed, and before its destruction, God calls His children inside it, to come out. For those of you who think that there is still more time, I wish to say that the first and the second angels' messages

## Editorial

For those of you who have never read the Bible, did you know that such verses existed? We are living in momentous times when what we read above is tak-

partially fulfilled in 1844, 172 years ago, and the second phase will happen rapidly. When the world will be faced with compulsory Mark (of the Beast) per the third angel, many voices in the world will announce: 'Not to take the mark'. The three angels' messages are already being given loudly on the internet. It is a matter of time when the internet will close due to an EMP attack or government control.



Therefore, do not expect someone to shake you and scream the three angels' messages into your ears. Slowly and silently our probation will close because deep inside, we have already made up our minds for or against the truth and for or against God, since we have already known the truth for years.

The Seventh-day Adventists were the first as a church to identify Babylon. They did this in the 1840s. However, Martin Luther and other protestant leaders did identify it years before.

The Bible accurately predicted when and where Babylon will arise, how many years it will persecute God's people, how it will become a cage of every filthy spirit in the end, how it will persecute God's people for 3.5 years again, and how it will be destroyed.

Babylon is Vatican, the spiritual power, which is using USA as its civil power, Europe as its banking and military power, USA for its pharmaceutical sorceries, the IMF to control its world's currency, WHO and CDC to cover up pharma fraud, and is uniting all religious and political heads under Satan. My knowledge is very limited compared with what it is doing in the world. Surely Satan is controlling them through rituals, CERN and other portals. In order for it to be the head for all falsehoods in the world, it has to unite all false hoods. Look at the picture above. The woman—who is riding or controlling the

beast which has 7 religious heads, 10 political regions of the world, who is doing international trade through its international organizations such as the World Bank and the IMF, which is manufacturing world's pharmaceutical sorceries and is controlling all the doctors of the world, which is now coming up with PositiveID to mark the people through healthcare, which controls world's money, and world's UN army—is Vatican. If SDR becomes the world's currency, you can expect the world to be starved just as they did to Greece.

The first angel's message says: "God's Judgement time has come. Worship Him." The second angel's message says: "God has judged Babylon and that it will be destroyed". The third angel's message says: "Don't take the Mark. If you take it, you will not go to heaven." The angel of Revelation 18 says: "Come out of her, My people."

I watch alternate news websites such as: Beforeitsnews.com, Nextnewsnetwork, Israelnewslive, The Alex Jones channel, trueneews.com and scores of others and the way they are exposing the dark secrets of the elite, the illuminati, Satanic rituals in the Vatican/by the elite, finance manipulations, countries dumping Obama, etc. are unbelievable. The human sacrifice in front of Shiva statue at CERN is worse than what Hindus do in India, which I am sure they loath it.

Every person who has something to re-



### Chinese and Arabic inscriptions of the Georgia Guidestones

veal is coming out in the open. This includes nurses and a large number of doctors who are exposing the dangers of: polio drops, antibiotics, vaccinations, cancer drugs, AZT, chemotherapy/radiation, psychotic drugs, about skin creams meant to give skin cancer, and about vaccines that have been made to kill Africans, Arabs, Mexicans, Chinese, and Indians. They have written books and produced videos exposing them. Chris Kitze of Beforeitsnews told me: "Ellen, its all about Georgia Guidestones, about depopulation agenda."

### Georgia Guidestones

Did you hear about the Georgia Guidestones? The Georgia Guidestones is a granite monument erected in 1980 in Elbert County, Georgia, in the United States. A set of 10 guidelines is inscribed on the structure in eight modern languages, and a shorter message is inscribed at the top of the structure in four ancient language scripts: Babylonian, Classical Greek, Sanskrit, and Egyptian hieroglyphs. The following 10 commandments of the illuminati are chistled on them.

### THE MESSAGE OF THE GEORGIA GUIDESTONES

1. Maintain humanity under 500,000,000 in perpetual balance

with nature.

2. Guide reproduction wisely - improving fitness and diversity.
3. Unite humanity with a living new language.
4. Rule passion - faith - tradition - and all things with tempered reason.
5. Protect people and nations with fair laws and just courts.
6. Let all nations rule internally resolving external disputes in a world court.
7. Avoid petty laws and useless officials.
8. Balance personal rights with social duties.
9. Prize truth - beauty - love - seeking harmony with the infinite.
10. Be not a cancer on the earth - Leave room for nature - Leave room for nature.

Limiting the population of the earth to 500 million will require the extermination of nine-tenths of the world's people. This goal is being achieved by contaminating everything we use on a daily basis: water, air, food, GMO grains, medicines, tight clothing, fertilizers, etc.

In Europe and USA, when it comes to pharmaceuticals, they do not believe their own drugs and are purchasing natural remedies from India; and are coming here for treatment. But what are our doctors doing? They are prescribing Western killer medicines. They know that antibiotics and vaccinations are killing their patients. One nursing tutor told me: we know that these medicines are killing people.

Then what are you going to do about this, dear doctor? Why don't you have a session with your patient and tell the truth? Prime Minister Modi knows about this and therefore has given freedom for the manufacture of natural remedies and has empowered AYUSH. In spite of this, 90% of Indians prefer allopathy! The pa-

tients, like their doctors, are in Babylon. In the past, when we did not know about the conspiracy behind the pharmaceuticals, God forgave. But now we know about the dangers of using these drugs. Won't it be wrong to continue to prescribe them?

I wish to talk to the Seventh-day Adventist doctors who have had great light past 172 years. Ellen G. White said: "*Seventh-Day Adventists have been chosen by God as a peculiar people, separate from the world. By the great cleaver of truth He has cut them out from the quarry of the world and brought them into connection with Himself.*" He has given you endtime health message to give to the world.

You know scores of EGW quotes where she said that drug medications should not be administered and that they should be entirely discarded. And that drugging should be forever abandoned. When you pray in the morning, asking God to bless your work for the day, does it bother you that you are not obeying God's instructions and are going to prescribe drugs against His will? If ever India needed your help, it needs you now, because you know the secret for total health.

To those who are willing to follow His command, God is opening new doors, though they are not qualified. Those who know me know that I am not a medical person. I am learning and am sharing what I am learning. But patients are coming, and are asking for treatment with natural remedies.

One of them is Naveen, 18, with blood cancer. Last month, I and his aunt travelled to Madanapalli in a bus and got to talk. When she asked if blood cancer could be cured, I gave her my magazine on cancer. They brought him to me two weeks ago for treatment. Not having a helper, I called up Mr. Jothi Prem in Tanjore and he agreed to treat. Naveen

was scared of chemo and radiation. He tried allopathy for one year; ayurveda for one year, and when that did not help, they sought lifestyle treatment. How badly doctors are needed in this field! They were to leave for Tanjore in the evening, but Naveen succumbed at 4:00 pm.

Allopathy is failing miserably. Ayurvedic doctors do not know so much about God's end time health message like the Adventist doctors do. When are you going to be the light to the world? One day or the other, you need to come out of Babylon. I doubt that it will ever happen because EGW said that not many educated people will participate in the final work. I am an office person. Mr. Jothi Prem is a software engineer, converted into the truth and is walking in it. This appeal applies not only to the Adventist doctors, but also to the nurses, lab. techs, hospital staff, members who are on drug medications, who know the health message. If over 150 years of message does not convince you, God cannot shake you any further. He has many outside who will come in and will take your places.

A week after my magazine on Depression was mailed, I got a phone call on a Sunday morning from Hyderabad. She said, "I am doctor Anitha. I am a psychiatrist. Somethings you stated in the magazine bother me. We are using the same Western books and the same Western medicines. My conscience is troubled!" I told her that the Western doctors are revealing about the dangers in anti-depression drugs," and asked her to take online course from Dr. Neil Nedley to treat mental patients with natural remedies, since we need to save these patients." I have hope in Dr. Anitha because when a person's conscience is awakened, it will follow the right path.

Then I wish to mention about a government land officer who had been telling

me since a year about some government land available. If we are willing to run a diabetic treatment center in line with Dr. Manthena Satyanarayana Raju's ashram, where is 6 months' waiting, that we could apply for that land. He said that India is the diabetes capital of the world, and that the government is not able to tackle the diabetes of cases, and if we can run a lifestyle center, it will help the patients. I agreed, and wrote to the CM to grant us the land. Here again, we need doctors who are willing to come out of Babylon and prescribe a lifestyle change combined with God's natural remedies. Dear doctor, the patients are abandoning allopathy as it gives them no hope but kills. If you are in the right field where God and the enlightened patients are searching for you, God will open a thousand doors for you and you will become popular in India, just as Dr. Mark Stengler, a naturopathic doctor in San Diego has become popular.

I was in Chittoor last month to purchase unpolished rice. While walking in the small rural village in the evening, I found a young man, whose both kidneys were damaged, who goes to Thirupathi twice a week for dialysis, spending Rs.10,000 per week. I made a charcoal poultice for him that night and told him that there is charcoal in the dialysis machine, and that if he continues to use charcoal poultices for a month, that his own kidneys will recover. He said that there are 3,000 kidney patients in that hospital who queue up for dialysis. If Adventist doctors who know about the benefits of activated charcoal in treating diseases, do not share the message nor treat with it, who else will give this message to the world, may I ask?

EGW said: "God will have men who will venture anything and everything to save souls. Those who will not move until they can see every step of the way clearly before them will not be of advantage at

this time to forward the truth of God. There must be workers now who will push ahead in the dark as well as in the light, and who will hold up bravely under discouragements and disappointed hopes, and yet work on with faith, with tears and patient hope, sowing beside all waters, trusting the Lord to bring the increase. God calls for men of nerve, of hope, faith, and endurance, to work to the point."—The True Missionary, January, 1874.

"In the future, men in the common walks of life will be impressed by the Spirit of the Lord to leave their ordinary employment and go forth to proclaim the last message of mercy. As rapidly as possible they are to be prepared for labor, that success may crown their efforts. They cooperate with heavenly agencies, for they are willing to spend and be spent in the service of the Master. No one is authorized to hinder these workers. They are to be bidden Godspeed as they go forth to fulfill the great commission.










"God will move upon men in humble positions to declare the message of present truth. Many such will be seen hastening hither and thither, constrained by the Spirit of God to give the light to those in darkness. The truth is as a fire in their bones, filling them with a burning desire to enlighten those who sit in darkness. Many, even among the uneducated, will proclaim the Word of the Lord. Children will be impelled by the Holy Spirit to go forth to declare the message of heaven. The Spirit will be poured out upon those who yield to His promptings. Casting off man's binding rules and cautious movements, they will join the army of the Lord." Testimonies for the Church, Vol. 7.

Wonderful words. So, God has His chosen. Many will come out of Babylon. I pray that this magazine will fall into such hands and will guide them to their duty. God bless! — Ellen Prasad Ω

## Bibliography

- 22 Best Natural Home Remedies for Vitiligo Treatment, <http://home-cure.net>. Asteroid Prophecy Ricardo Salazar, [solosalvacion.info](http://solosalvacion.info).
- Bill Gates and the Shocking Genetically-Modified Jesuit Agenda to Depopulate Brazil: Are We Next?, Johnny Cirucci, Aug. 21, 2016.
- Can Garlic Supplements Be Harmful to Vitiligo? by Sirah Dubois, Aug. 16, 2013.
- Complementary and Alternative Medicine for Vitiligo, Jimi Yoon, et al., [www.intechopen.com](http://www.intechopen.com).
- end.times.prophecy.org
- Forcibly Inject Children with Mercury at Gunpoint, Says Libertarian Presidential Candidate Gary Johnson, Dave Hodges, The Common Sense Show, Aug. 26, 2016.
- How I Cured My Vitiligo, Psoriasis, and Eczema Through Dietary Changes, Legally Vegan, [www.legallyvegan.com](http://www.legallyvegan.com).
- I Cured Vitiligo, MD Junction, [www.mdjunction.com/forums](http://www.mdjunction.com/forums).
- Leucoderma - White Spots on Skin, Disabled World, [www.disabled-world.com](http://www.disabled-world.com).
- My Vitiligo Story and Healing Journey, [www.howihealedmyself-fromvitiligo.com](http://www.howihealedmyself-fromvitiligo.com) (no hyphen in the middle).
- Nasa Confirms: Nemesis - Planet X/Nibiru and Seven Signs The End is Near, [www.preppedforshtf.com](http://www.preppedforshtf.com).
- Neem in Health, Neem's Medicinal Uses & List of Diseases, <http://shop.lasecure.com>.
- Outrage Over Obama's Executive Order 13603, SHTF Plan, [newsletter@shtfplan.com](mailto:newsletter@shtfplan.com).
- Pharmaceuticals - The Sorceries of Babylon, The Open Scroll, [www.theopenscroll.com](http://www.theopenscroll.com).
- Prophet Declares 30 million Americans, including Latin Americans, may die within one month, [www.cogwriter.com](http://www.cogwriter.com).
- Russia Tells Citizens Abroad to Return Home, Beforeitsnews.com, Oct. 11, 2016.
- There is Only One Healthy Alternative to a Root Canal, Beforeitsnews.com, Aug. 13, 2016.
- Times of India, July 8, 2015.
- Treating Vitiligo With a New Cell Therapy, [www.RegenerativeMedicine.net](http://www.RegenerativeMedicine.net).
- Tyrant Obama Signed 923 Executive Orders in 40 Months, Beforeitsnews.com, Sept. 8, 2016.
- Vitiligo and Vitamin B12, [www.progressivehealth.com](http://www.progressivehealth.com).
- Vitiligo Treatment and Cure in Ayurveda - Vitiligo Speciality Clinic/ Ayurhealthline, [www.ayurhealthline.com](http://www.ayurhealthline.com).

## Price List

Item	Description	Qty	Cost Rs.
1.	Acne Herbal Salve .....	50ml. ....	80
2.	Acne Herbal Salve .....	20 ml. ....	35
3.	Activated Charcoal Powder .....	500 gm .....	300
4.	Activated Charcoal Powder .....	250 gm .....	180
5.	Activated Charcoal Powder .....	125 gm .....	110
6.	Activated Charcoal Tablets, 250 mg .....	500 tablets .....	400
7.	Activated Charcoal Capsules .....	60 capsules .....	210
 8.	Back to Eden, The Classic Guide to Herbal Medicine, New Revised, 1000 pages .....	Book, 2 available	
	30% off .....	Was <del>3,200</del> Now 2,240	
9.	Charcoal Eye, knee, neck Pad s .....	Each .....	150
 10.	Charcoal Remedies.com book- 25% off .....	book... was <del>240</del> . Now 180	
11.	Charcoal Magazine .....	Book .....	25
12.	Diabetic Tea - Satches .....	Satches. ....	To be priced
13.	Eczema, Psoriasis Ointment .....	50 ml. ....	80
14.	Health and Happiness by EGW, Paperback .....	Book .....	50
 15.	Mosquito Repellent cum Skin Salve .....	50 ml. ....	80
16.	Papaya Ointment for wounds, scrapes, cuts .....	50 ml. ....	80
17.	Past issues of Health Reformer .....	Book .....	each 25
18.	Evidence of Modern Science in the Bible .....	Book .....	100
19.	Handwriting for School and Church .....	Book .....	50
20.	Health Reformer yearly subscription .....	(4 issues) .....	100
 21.	Healthy Herbal Tea - Prevents over 10 diseases-Satches .....	To be priced	
22.	Hymns, Choruses, School Songs .....	Book .....	80
 23.	Liver Cleanse Tea .....	Satches .....	To be priced
 24.	Old Bones Salve .....	50 ml. ....	80
25.	Psyllium (seeds) .....	250 gm. ....	?
 26.	Ragi Malt .....	250 gm .....	To be priced
27.	Sacred Audio Books (Bible & Spirit of Prophecy - 2 DVDs .....		200
 28.	Soapnut-Shikakai Shampoo bar Bar Soap for hair/bath		
	Has expensive Essentials in it (Rosemary, Peppermint, etc). Hand cut. Costs: Rs.1 per 1 gram - Sold by weight - costs Between.130-170		
29.	Soya-Multigrain Health Drink - Powder .....	500 gm. ....	250
 30.	Vitiligo, Leucoderma Ointment 50 ml. ....	50 ml. ....	100

## Pharmacy, Rod of Asclepius: Wikipedia

The word pharmacy is derived from its root word pharma, which had first been used sometime in the 15th–17th centuries. However, the original Greek roots from pharmakos imply sorcery or even poison. In addition to pharma responsibilities, the pharma offered general medical advice and a range of services that are now performed solely by other specialist practitioners, such as surgery and midwifery. The pharma (as it was referred to) often operated through a retail shop which, in addition to ingredients for medicines, sold tobacco and patent medicines. Often the place that did this was called an apothecary and several languages have this as the dominant term, though their practices are more akin to a modern pharmacy, in English the term apothecary would today be seen as outdated or only appropriate if herbal remedies were on offer to a large extent. The pharmas also used many other herbs not listed. The Greek word Pharmakeia derives from pharmakon, meaning "drug", "medicine" (or "poison"). The World Health Organization estimates that there are at least 2.6 million pharmacists and other pharmaceutical personnel worldwide.

The Rod of Asclepius takes its name from the god Asclepius, a deity associated with healing and medicinal arts in Greek mythology. Asclepius's attributes, the snake and the staff, sometimes depicted separately in antiquity, are combined in this symbol. The original Hippocratic Oath began with the invocation "I swear by Apollo the Physician and by Asclepius and by Hygieia and Panacea and by all the gods. The significance of the serpent has been interpreted in many ways; sometimes the shedding of skin and renewal is emphasized as symbolizing rejuvenation, while other assessments center on the serpent as a symbol that



unites and expresses the dual nature of the work of the physician, who deals with life and death, sickness and health. The ambiguity of the serpent as a symbol, and the contradictions it is thought to represent, reflect the ambiguity of the use of drugs, which can help or harm, as reflected in the meaning of the term pharmakon, which meant "drug", "medicine" and "poison" in ancient Greek. Products deriving from the bodies of snakes

were known to have medicinal properties in ancient times, and in ancient Greece, at least some were aware that snake venom that might be fatal if it entered the bloodstream could often be imbibed. Snake venom appears to have been 'prescribed' in some cases as a form of therapy. Ω

### Our Address:

Wake Up India

Doddadunnasandra

Kadugodi, Bangalore 560067

Cell: 91+9986653256

Email: wakeup77@gmail.com

